

Report – 5th International Diabetes Summit (Virtual) 2021

The 5th International Diabetes Summit 2021 was organized virtually by Chellaram Diabetes Institute from **12th March (Friday) – 14th March(Sunday) 2021**.

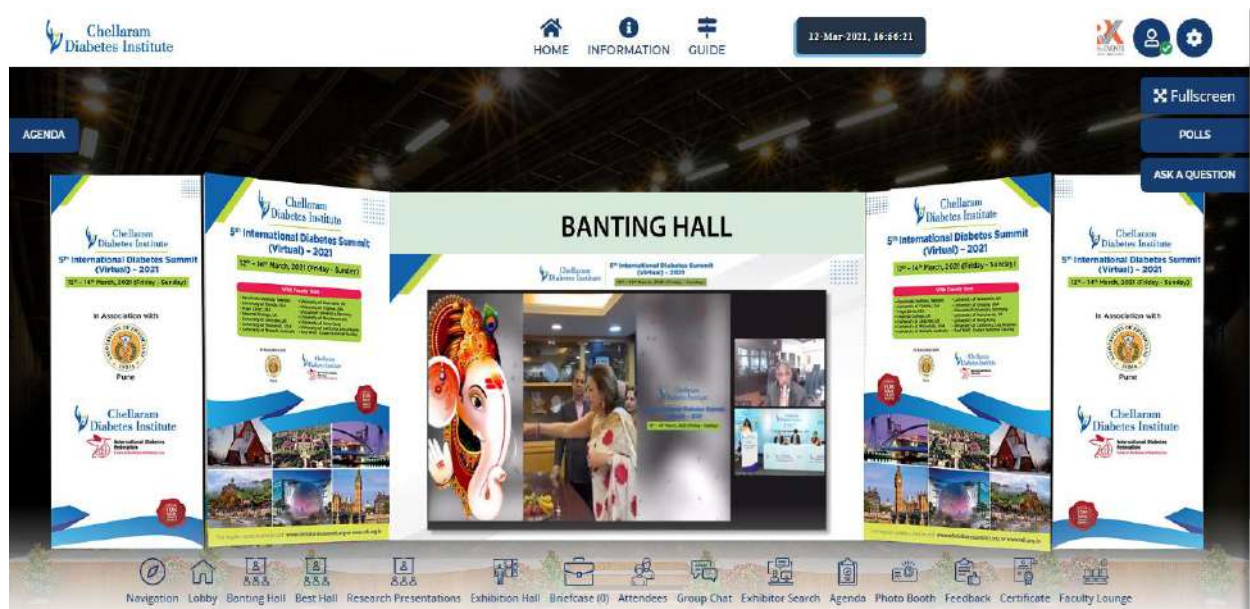
Due to the on-going COVID pandemic and resultant restrictions on gatherings and travel, we conducted the IDS 2021 conference virtually.

The 3-day mega event comprised of a number of interesting sessions including Technology Symposium on CGM, Symposium on Diabetes Foot, Indo-US Symposium on Telediabetology, Symposium on Diabetes in Pregnancy etc. Moreover, a “Symposium on Management of Diabetic Retinopathy” was also part of our conference. Overall, crisp and updated knowledge was generated to the 5,300 delegates which would help them in their day to day practice. There was also a patient initiative called “Virtual Run for Diabetes” in which more than 1000 people, including many with type 1 and type 2 diabetes took part.

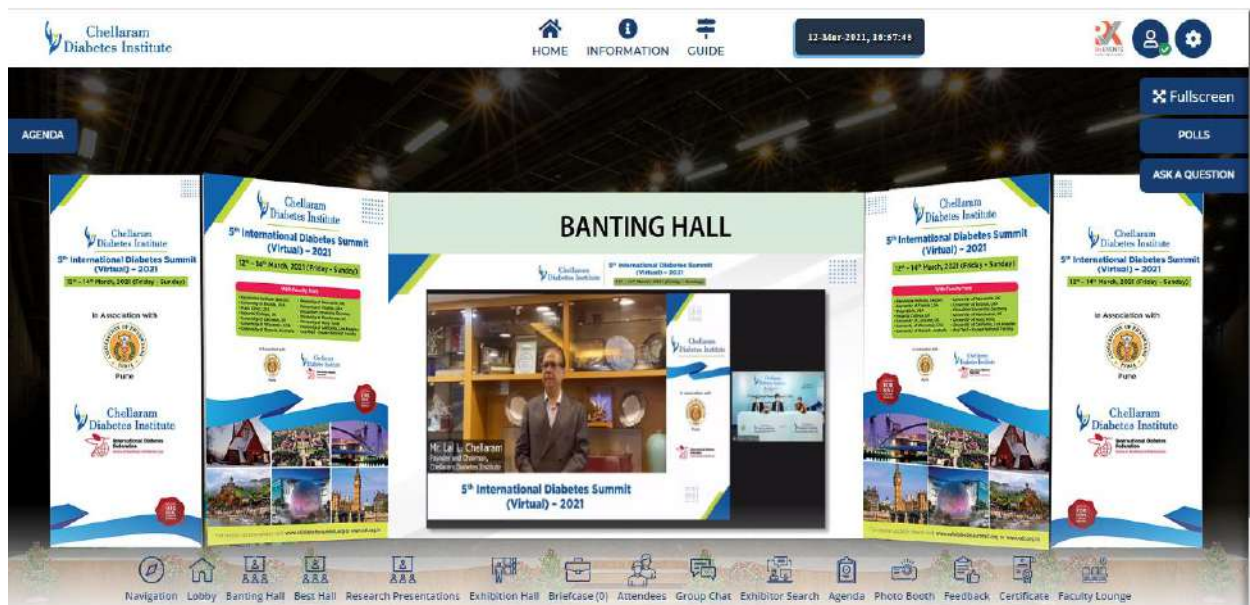
About **82 speakers from India, 23 international speakers** from all over the world and **64 Moderators** contributed to the success of this event. Though the conference was virtual, more than 5000 participants registered for the conference.

The Maharashtra Medical Council had awarded **6 Credit Points** to the program.

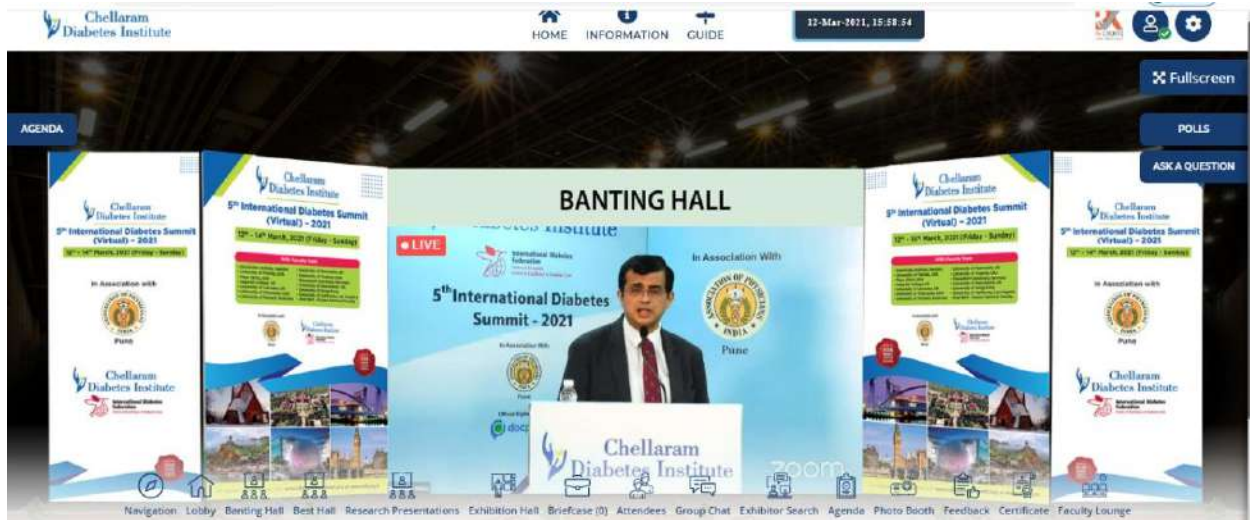
The summit was a grand success with more than **5300 participants**. We were fortunate to have the virtual presence of **Dr Soumya Swaminathan**, the first Chief Scientist of WHO, as the Chief Guest during the inauguration ceremony. Dr Soumya Swaminathan addressed the gathering live with her wonderful speech. Dr V Mohan, Chairman at Dr. Mohan’s Diabetes Specialities Centre, was the Guest of Honour for the inaugural ceremony who also addressed the gathering with his fascinating talk.



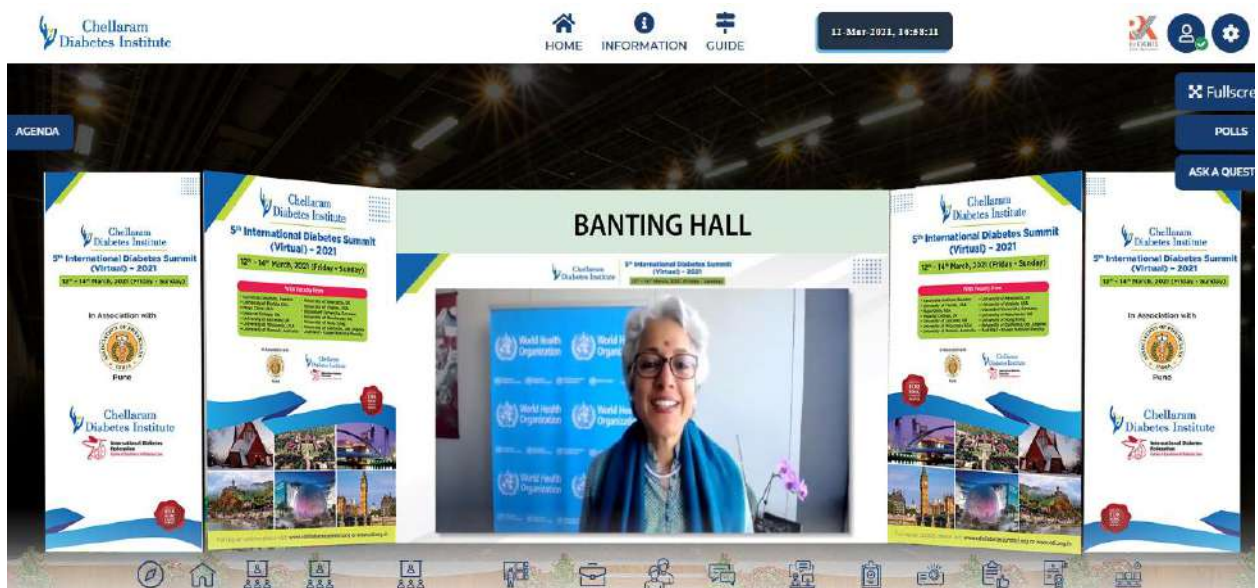
Mrs Shobhana Lal Chellaram worshipping Lord Ganesh with 'pratham' prayer at the inauguration ceremony of the conference



Mr Lal Chellaram, Chairman of Chellaram Diabetes Institute, addressing the gathering during the inauguration ceremony of the conference



Dr Unnikrishnan AG, CEO and Chief Endocrinologist at Chellaram Diabetes Institute, addressing the gathering at the inauguration ceremony of the conference



Dr Soumya Swaminathan, the first Chief Scientist of WHO, addressing the gathering as a Chief Guest during inauguration ceremony of the conference.



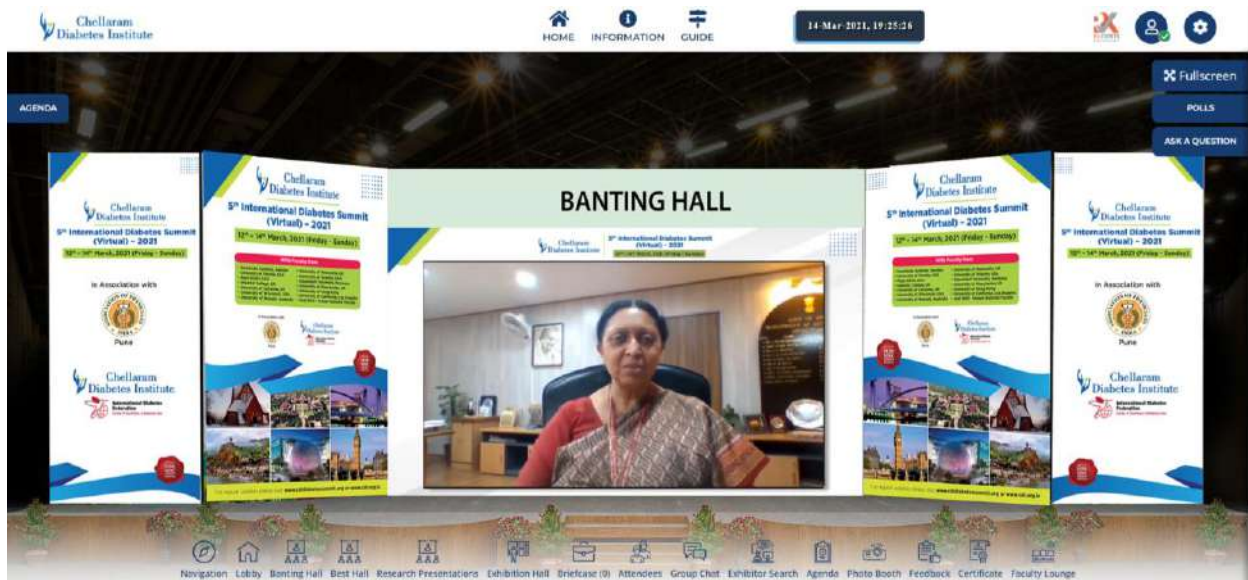
Dr V Mohan, Chairman at Dr. Mohan's Diabetes Specialities Centre, addressing the gathering as the Guest of Honour during inauguration ceremony of the conference



Dr Ambrish Mithal, India's foremost endocrinologist and Padma Bhushan Awardee and Dr Banshi Saboo, Eminent Diabetologist of Western India, and President – 'Research Society for Study of Diabetes in India' during a session on New Paradigms on Insulin management. They are joined by Dr Vedavati Purandare and Dr Gourish Karande of Chellaram Diabetes Institute.

The Valedictory ceremony, was the culmination of all the three days of the conference. We were pleased to have **Dr Renu Swarup**, Secretary, Government of India, heading the Department of Biotechnology (DBT), Ministry of Science and Technology, as the Chief Guest at the

Valedictory program of our congress. The excellent speech by Dr Renu Swarup enhanced our conference. Dr Sanjeevi Carani, Head of the Diabetes-Immunology research group at Karolinska Institute, Sweden was the guest of honour and Dr Mukund Penurkar, leading diabetologist and Secretary of Association of Physician, Pune was present as a Guest at the Valedictory program.



Dr Renu Swarup, Secretary, Government of India, heading the Department of Biotechnology (DBT), addressing the gathering as Chief Guest during Valedictory Program of the conference



Dr Sanjeevi Carani, Head of the Diabetes-Immunology research group at Karolinska Institute, Sweden, addressing the gathering as the Guest of Honour during Valedictory program of the conference



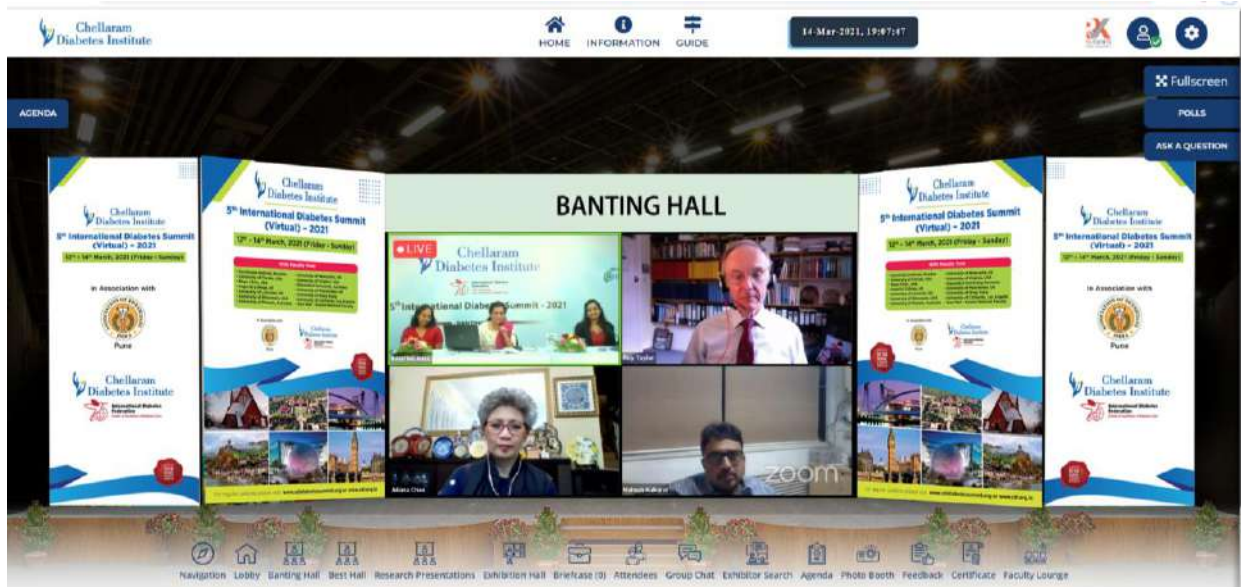
Dr Mukund Penurkar, leading diabetologist and Secretary of Association of Physician, Pune present as a guest during the Valedictory program of the conference



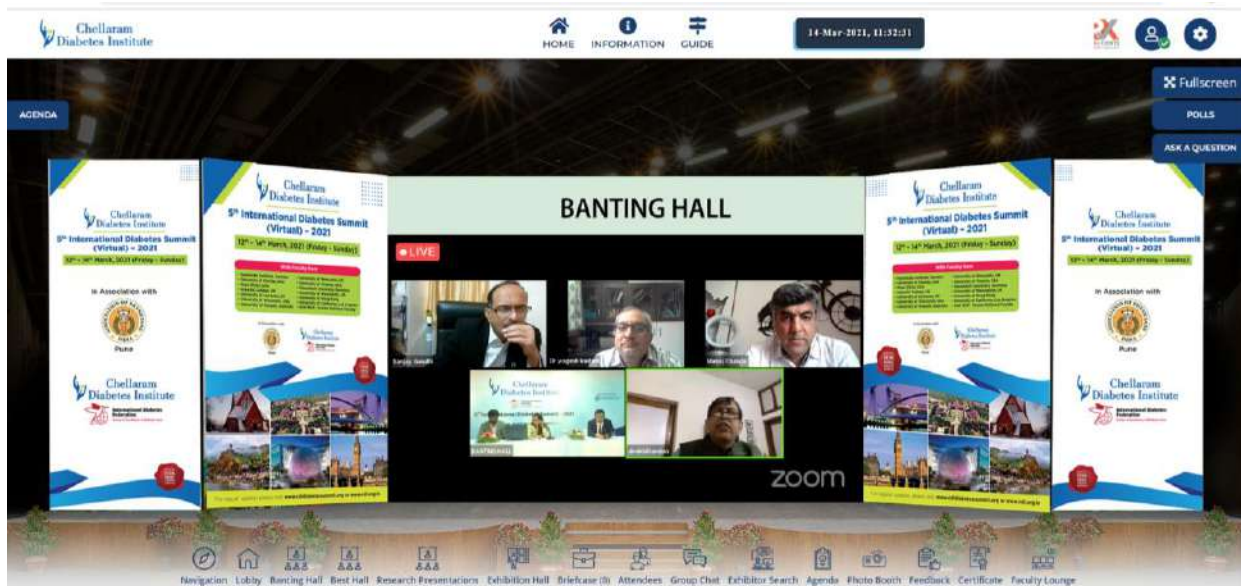
Dr Anil Pandit, Chief Medical Director at Chellaram Diabetes Institute, addressing the gathering at the Valedictory Program of the conference.

The abstract submissions were from leading institutions in the country. The Chellaram Foundation Diabetes Research Awards were given, one for Basic Sciences and another for Clinical Sciences. Runner up candidates also received awards. A total prize money of Rs. 3,00,000/- was given to the researchers. The idea of these research awards was to foster the spirit of research among scientists and clinicians of India.

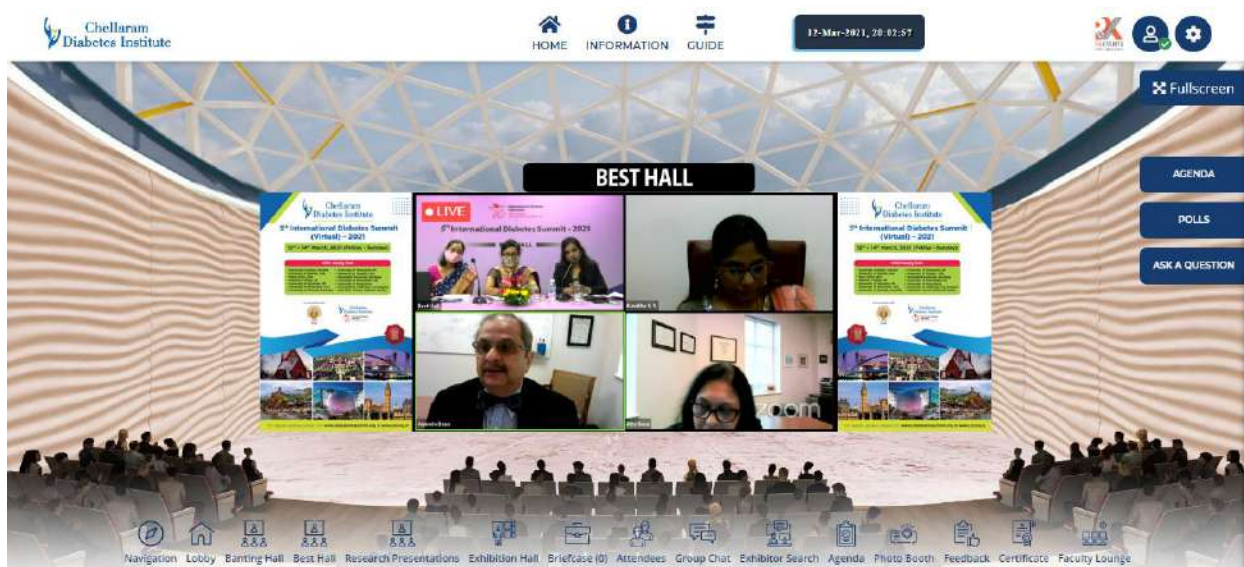
One of the exciting sessions in the conference was on type 1 diabetes management, conducted with endocrinologists, diabetologists, dieticians, doctors, diabetes educators and most importantly people with type 1 diabetes. Dr William Rust, stem cell researcher from USA joined in. The topics discussed included mental health in type 1 diabetes as well as DIY artificial pancreas. This particular session, conducted in collaboration with Blue Circle Foundation (which has >3000 members with type 1 diabetes) was streamed live for the benefit of the 5,300 delegates.



Dr Juliana Chan - Hong Kong, Dr Roy Taylor – UK and Dr Mahesh Kulkarni – India, during the session titled “Diabetology Masterclass”. They are joined by Dr Vedavati Purandare, Dr Monie Simon and Dr Shraddha Lumpatki of Chellaram Diabetes Institute.

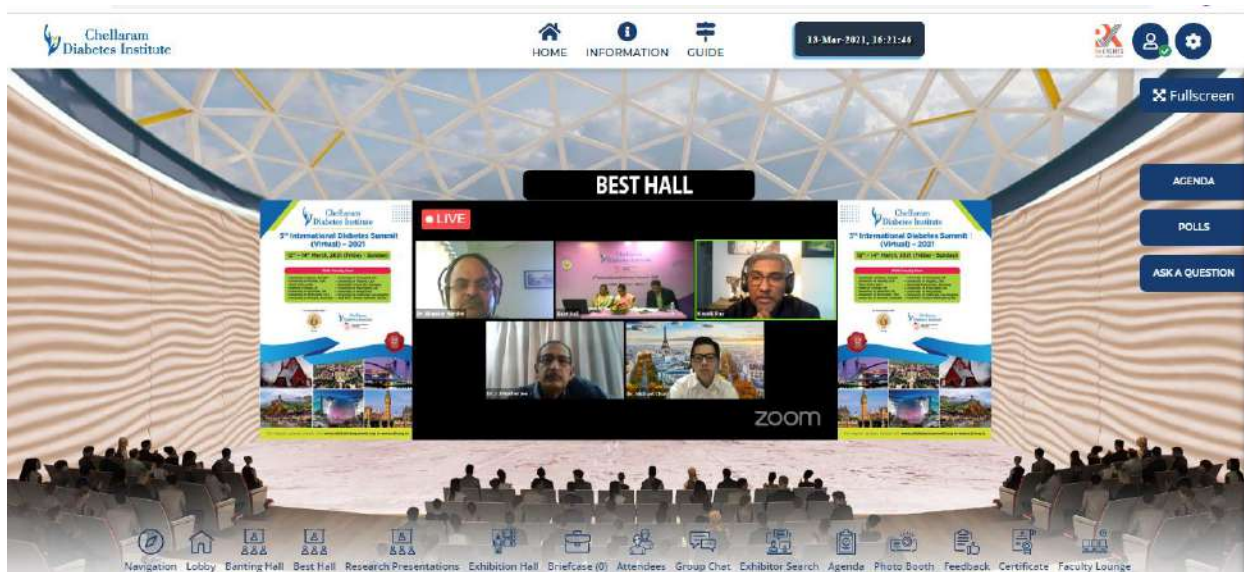


Dr Nikhil Tandon, Dr Manoj Chawla, Dr Yogesh Kadam and Dr Sanjay Gandhi at the session on Clinical Aspects of Diabetes Management



Dr Ananda Basu – USA and Ms Kavitha KV – India, during the session titled “Indo-US Symposium on Teliadiabetology. They are joined by Dr Rita Basu – USA and Dr Suganthi Kumaran, Dr Shraddha Lumpatki and Dr Monie Simon from Chellaram Diabetes Institute.

Chellaram Diabetes Institute’s International Diabetes Summit (CDI-IDS) also collaborated with Docplexus as a digital partner, and selected sessions from the Diabetic Retinopathy Symposium, Diabetes in Pregnancy symposium as well as selected key topics presented by the National and International speakers were streamed via Docplexus. As Docplexus has access to over 3,00,000 doctors nationally and internationally this further widened the reach of CDI-IDS 2021



Dr Kausik Ray - London, Dr Michael Chan – Hong Kong, Dr J J Mukherjee – India and Dr B B Harshe - India during the session on Advances in Cardiology and Lipid Management.

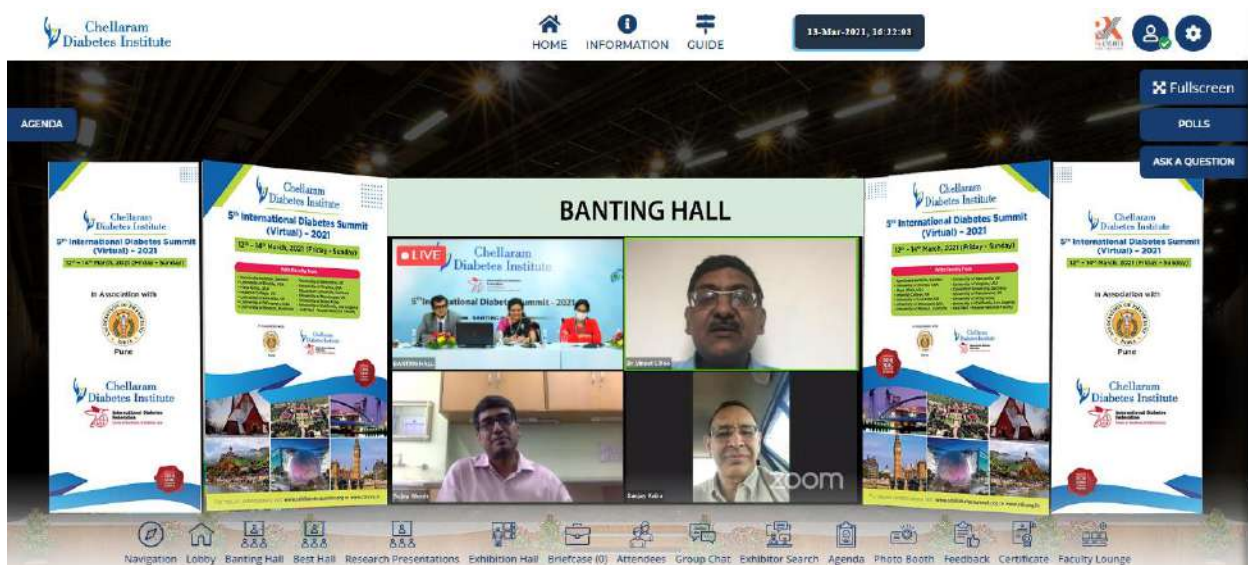
36 stalls too witnessed an excellent support of our corporate partners. The 5th International Diabetes Summit was highly appreciated by the attending dignitaries and delegates from medical fraternity. The event was also covered widely in the print and media.



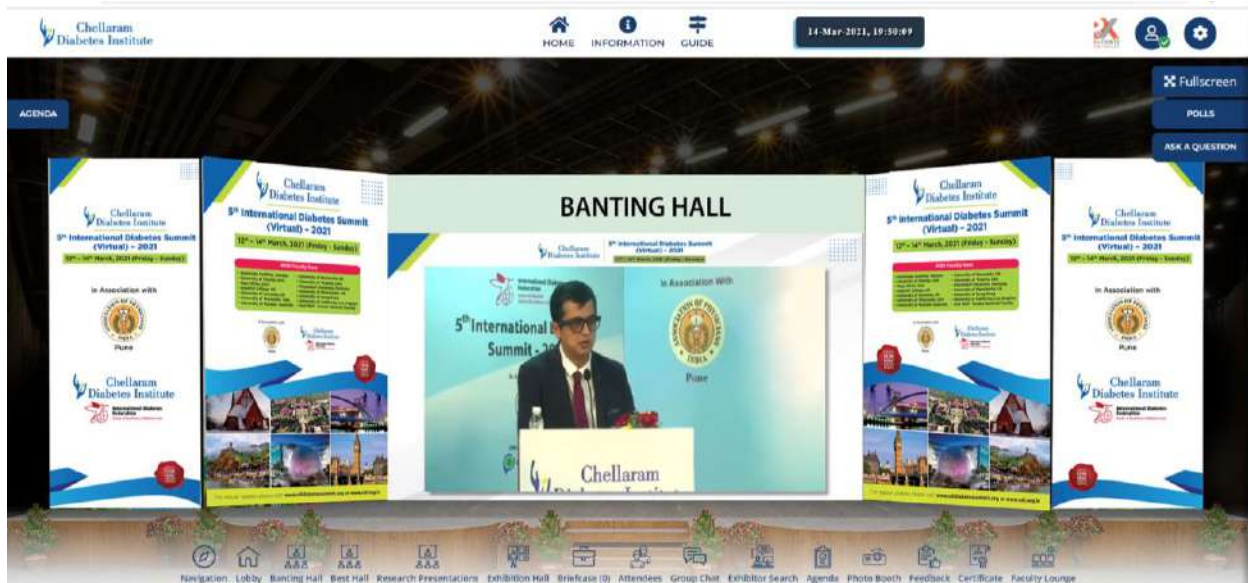
Dr Savita Bhat, Dr Arun Menon, Dr A Giridhar and Dr Unnikrishnan AG during the Retinopathy Symposium.



Dr Unnikrishnan AG and Dr R K Sahay during the session on Managing diabetes in Outpatient Department. Dr R K Sahay is president elect, Endocrine Society of India.



Dr Sujoy Ghosh, Dr Sanjay Kalra and Dr Vineet Rao during a session on Integrated Personalized Diabetes Management. Dr Sanjay Kalra is past president, Endocrine Society of India. Dr Sujoy Ghosh is secretary, Endocrine Society of India.



Dr Unnikrishnan AG, CEO and Chief Endocrinologist at Chellaram Diabetes Institute, addressing the gathering during Valedictory Program of the conference.

This year Chellaram Diabetes Hospital in association with Blue Circle Diabetes Foundation had organised a virtual Marathon - 'Run for diabetes' as a part of the 5th International Diabetes Summit 2021'. This marathon was initiated especially for the patients with Type 1 diabetes so as

to encourage them to lead a healthy life. But the marathon was open for all age groups of people. The virtual marathon was a 3 Km run at their respective places of the participants. The marathon was flagged off by Dr Rajesh Javherani, a well know diabetologist and intensivist in Goa. We got an overwhelming response and around 1000 participants participated in this marathon with the age group starting from 5 years to 75 years of age. All the participants were given a T Shirt, and the certificate for their participation to the marathon.



Dr Rajesh Javherani, well known diabetologist and intensivist in Goa, flagged off the virtual run with the Blue Circle Foundation Team.



Ms Nupur Lalvani, Founder of Blue Circle Diabetes Foundation and a type 1 diabetic, participating in the virtual run for Diabetes.



Participant at the Virtual run organized by Chellaram Diabetes Institute in association with Blue Circle Diabetes Foundation



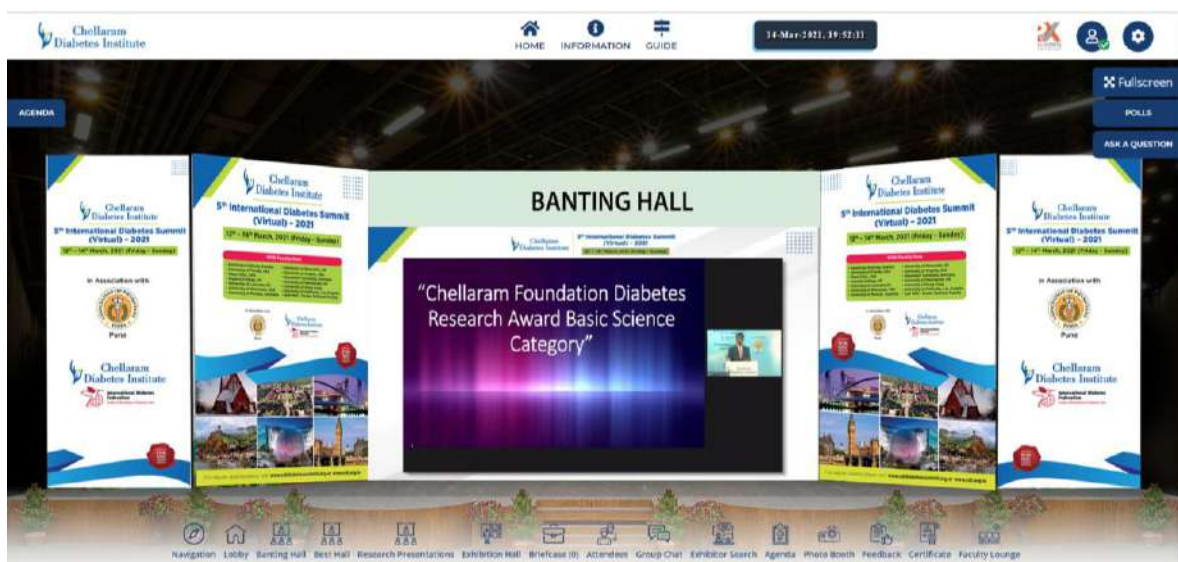
One of the participant of virtual run



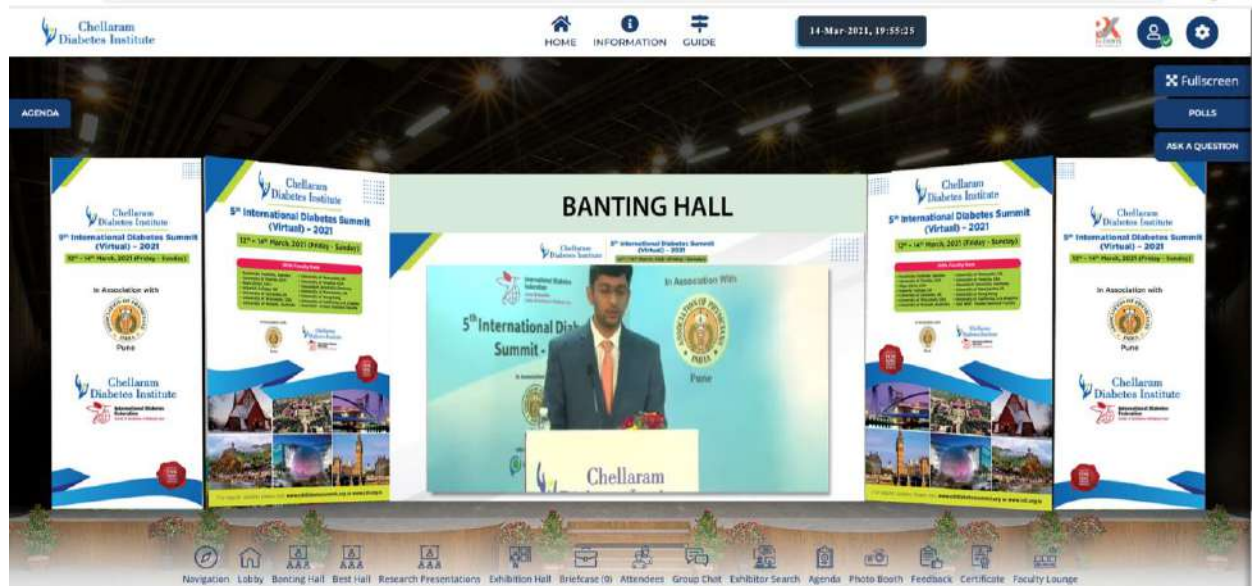
Dr Kumar, eminent Professor of Medicine from Chennai, who joined the virtual run for Diabetes from Chennai on 14th March 2021



Dr Unnikrishnan AG, CEO and Chief Endocrinologist at Chellaram Diabetes Institute participated at the Virtual Run for Diabetes on 14th March 2021



Announcement of Chellaram Foundation Diabetes Research Awards 2021



Announcement by Dr Ashootosh Pakale of the Chellaram Foundation Diabetes Research Awards 2021