

7th

INTERNATIONAL DIABETES SUMMIT 2023

10th to 12th March 2023

A REPORT



Chellaram Diabetes Institute

Report :

7th International Diabetes Summit 2023

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The 7th International Diabetes Summit -2023 (IDS) was organized by ChellaramDiabetes Institute from 10th – 12th March 2023 at Hotel J W Marriot, Pune.

The 3-day mega event comprised of a workshop on advances in diagnosing diabetic foot and retinal diseases. There was a special session on diabetes in the young focusing on diet, lifestyle and type 1 diabetes session with on-table display and a visual toolkit of diet and these sessions attracted the audience. There were various scientific sessions by expert faculty covering diabetes complications and its management in day to day life.

The summit was a grand success with more than 2200 registrations. We were fortunate to have Pujya Swami Swaroopanandaji, Global Head, Chinmaya Mission, Chancellor, Chinmaya University to inaugurate the 7th IDS. The Guest of Honour of the inauguration ceremony was Dr. Ashish Lele, Director, Council of Scientific & Industrial Research (CSIR) - National Chemical Laboratory, Pune.

The launch of 'Chronicle of Diabetes Research and Practice' was carried by Pujya Swamiji. The launch of 'Publication of IDS 2023 Abstracts' was carried out by Dr Ashish Lele and launch of 'Diabetes Health' was carried out by Mrs. Shobhna L. Chellaram during the inauguration.


More than 70 speakers from India and 10 International faculty from US and Europe along with 115 Chairpersons contributed to the success of this event. Both the auditoriums and the workshop meeting rooms were full of participants who thronged the halls. The Maharashtra Medical Council had awarded 10 Credit Points for the various symposiums, workshop and seminars.

For the Oral research presentations, 83 young researchers from all over India presented their research papers. "Chellaram Foundation Diabetes Research Award - 2023" which consisted of a medal and prize upto Rs 600,000/- was awarded during the conference.

The winners of “Chellaram Foundation Diabetes Research Award - 2023” are as given below:

Clinical Science Category			
Award	Name of the presenter	Title of the Study	Affiliation
1st Prize, Rs. 2 lakh , Medal and Certificate	Dr G Arun Maiya	Novel medical laser shoe photo biomodulation on neuropathic pain and plantar pressure profile in type 2 diabetes mellitus with peripheral neuropathy	MCHP, MAHE University Manipal
2nd Prize, Rs 1 lakh, Medal and Certificate	Dr Rimesh Pal	Efficacy and Safety of zoledronate, denosumab and teriparatide in postmenopausal women with type 2 diabetes and high-risk of fragility fractures	PGIMER, Chandigarh
3rd Prize, Medal and Certificate	Dr Amit Burande	Critical analysis of clinical outcomes in diabetic foot osteomyelitis (DFOM) treated with various treatment modalities	Surya hospital, Kolhapur
Basic Science Category			
Award	Name of the presenter	Title of the Study	Affiliation
1st Prize, Rs. 2 lakh, Medal and Certificate	Mr Deep Maheshwari	Self-RNA mediated activation of RIG-1 Like Receptors: Role in pathogenesis of type 1 diabetes.	PGIMER, Chandigarh
2nd Prize, Rs 1 lakh, Medal and Certificate	Ms Sangita Mahapatra	Hydrogel lens as tropical implant to treat Diabetic Retinopathy	IIT, Roorkee
3rd Prize, Medal and Certificate	Mr Shiva Shankar S	Understanding the regulation of meteorin - like protein and advancing its therapeutic potential	CSIR-NCL, Pune

Special Recognition Certificates were also given to eight other researchers to encourage their spirit towards research.



The 45 stalls witnessed an excellent support of our corporate partners. The 7th International Diabetes Summit was highly appreciated by the attending dignitaries and delegates from medical fraternity.

A 3 km walk - “Run for Diabetes” was organized in collaboration with Blue Circle Diabetes Foundation. It was organized on 12th March 2023, Sunday from 7.00 am to 8.00 am from JW Marriott gate. About 100 participants including type 1 and type 2 diabetes patients along with their family members and CDI team participated in the 3 km walk. All the participants were given healthy snacks, certificates and medals after the event.

Dr. Hemraj Chandalia, Director- Endocrinology, Diabetes and Metabolism, Jaslok Hospital, Mumbai was the Chief Guest at the Valedictory program of our congress.



WORKSHOPS ON DIABETES – RELATED COMPLICATIONS

The images below show various dignitaries at the inauguration program, Workshop on Advances in Diagnosing Diabetic Foot and Retinal Diseases with Interactive Patient Demonstration Program, Sessions by National and International speakers, the jam packed halls, Oral paper presentations Research awards winners in Clinical and Basic categories at the meeting during the valedictory function.

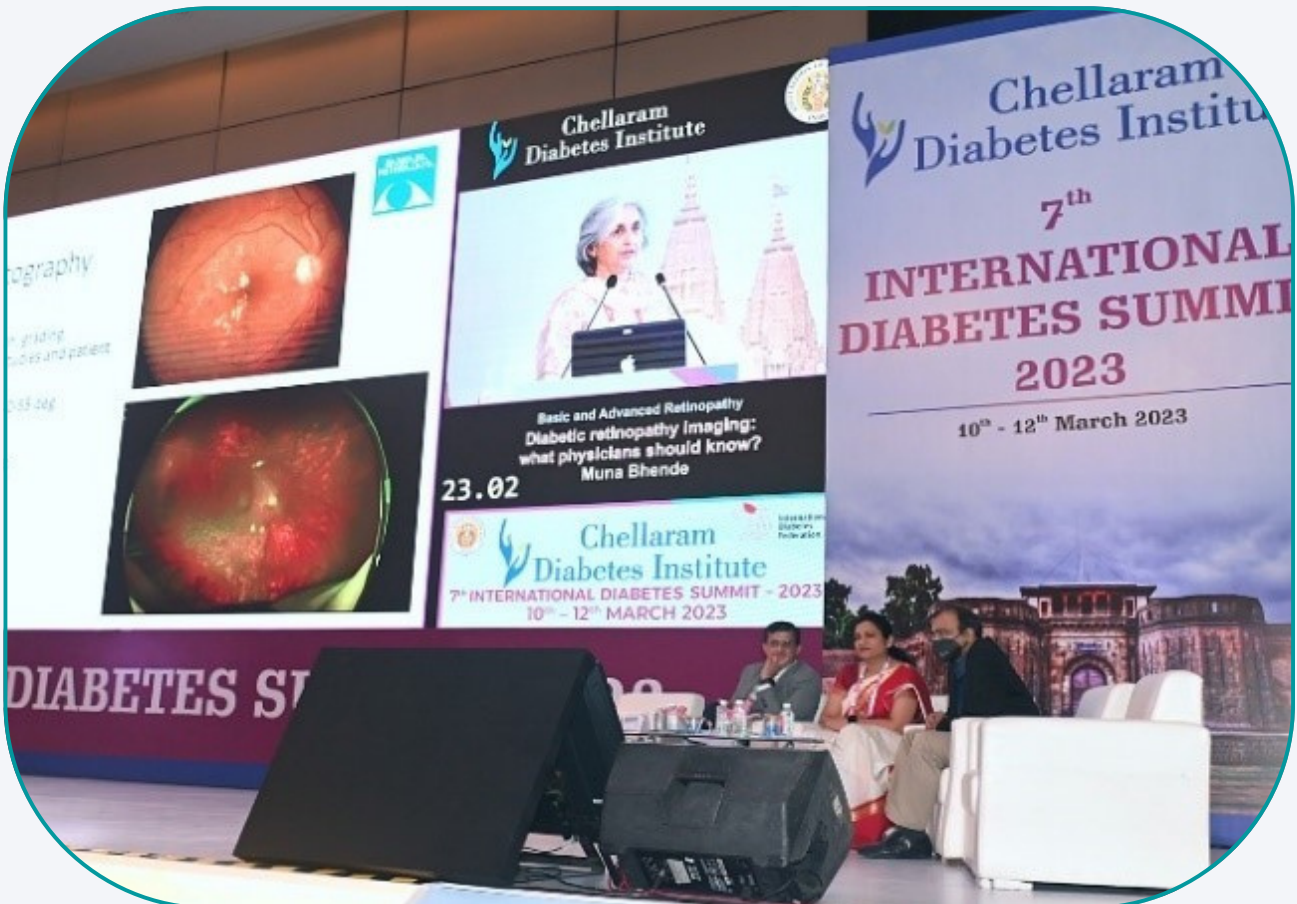




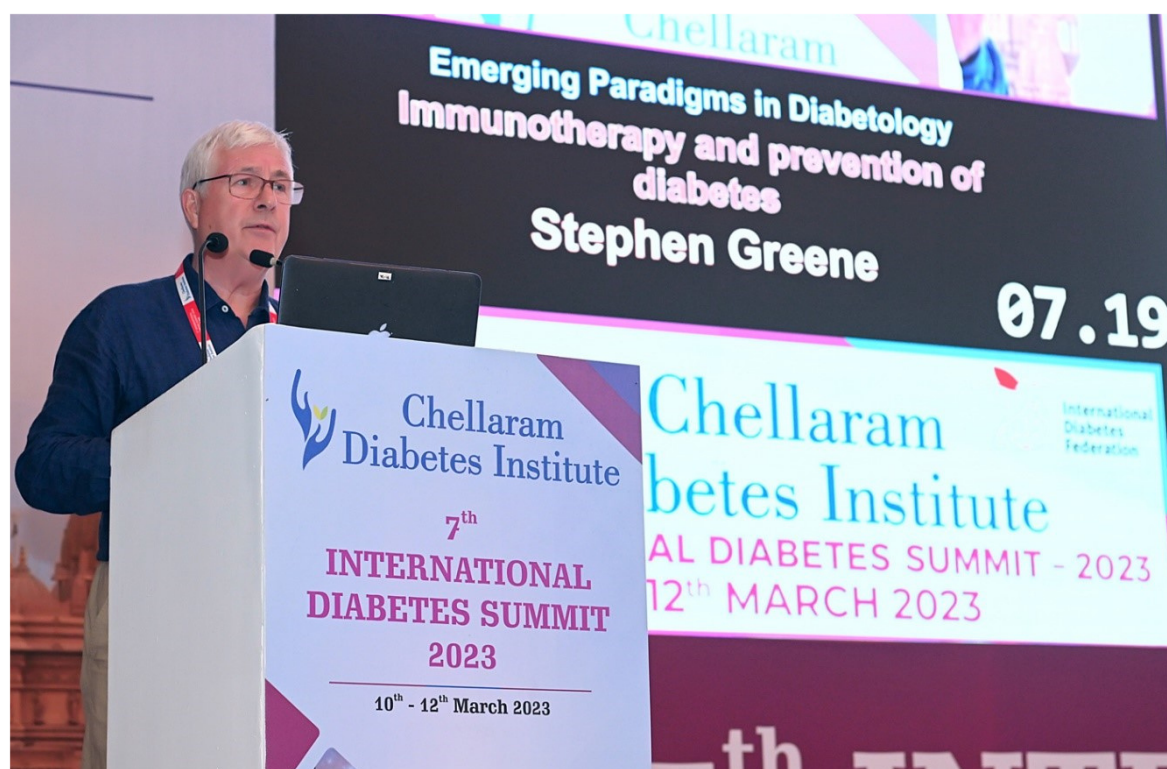


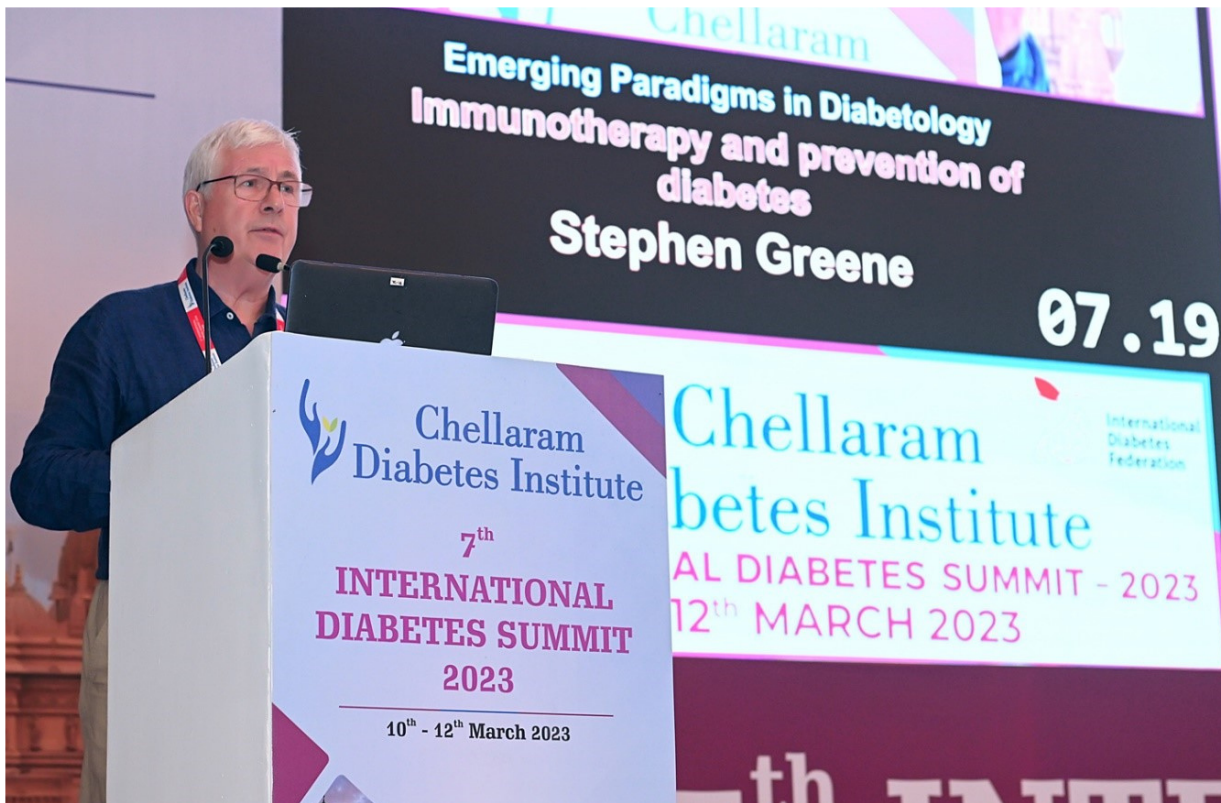






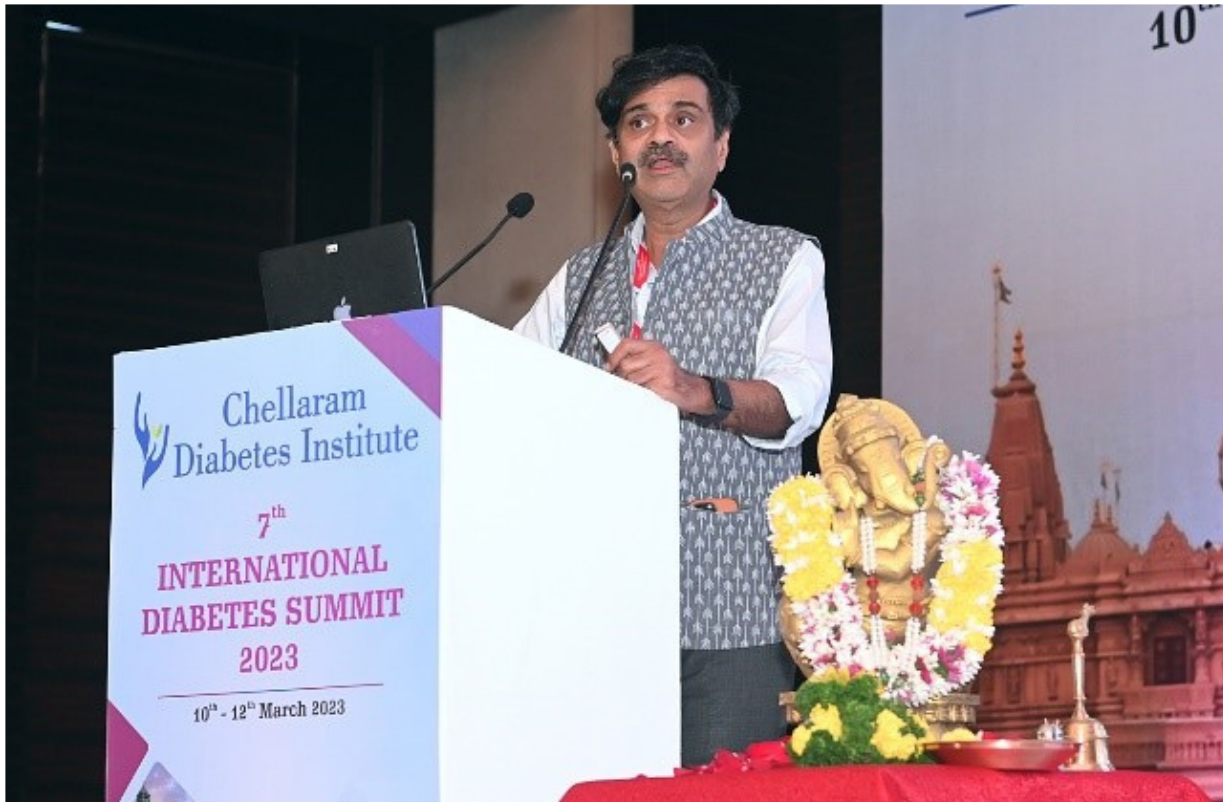














Special session on type 1 diabetes

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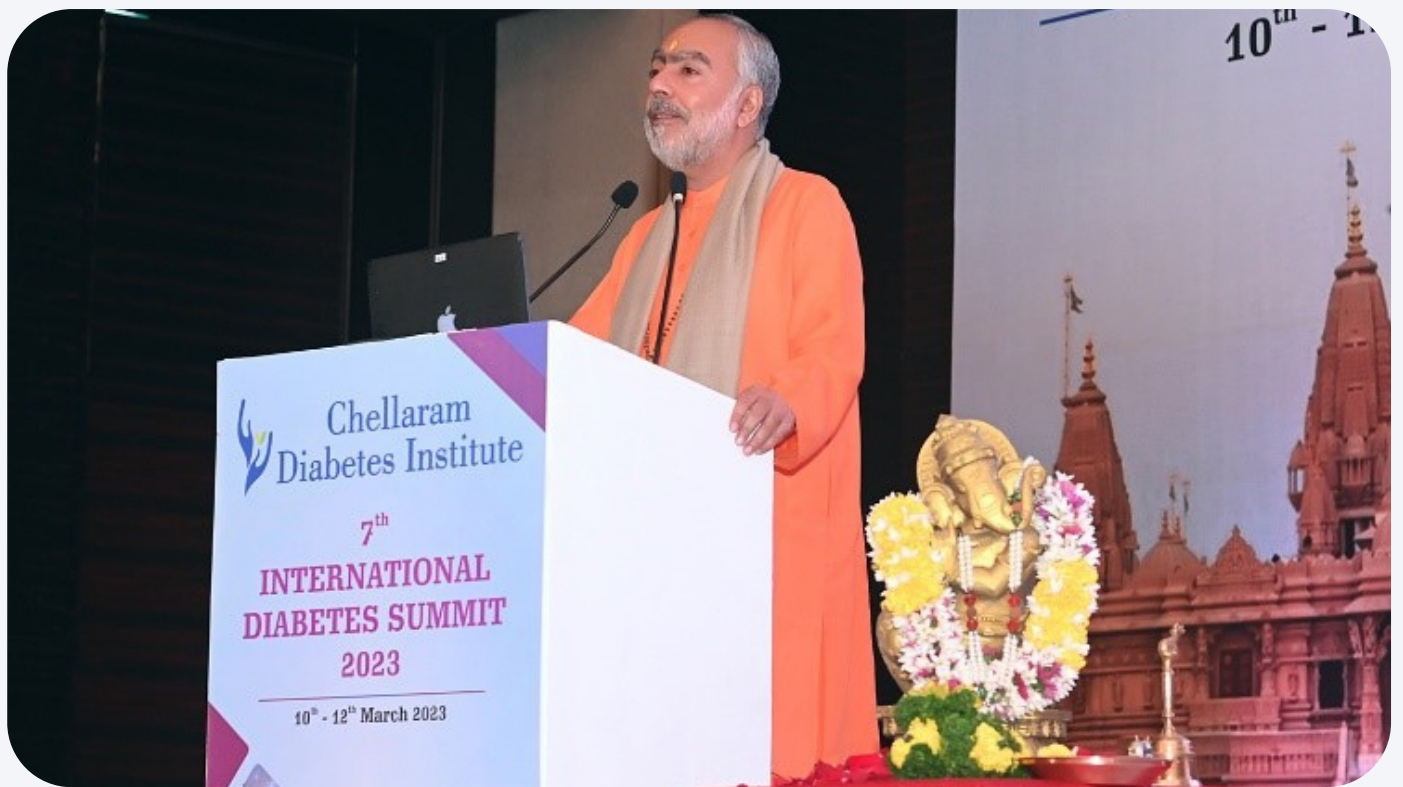


Inauguration

20













Award Presentation ceremony

26

Clinical Science Presentation winners

Basic Science Presentation winners

1st prize winners



2nd prize winners



3rd Prize winners



Some pictures from the “Run for Diabetes” event

27



The event received a good media coverage:



Collaborative efforts, multidimensional approach and disruptive technologies need of the hour to tackle the surge of diabetes - experts

7th International Diabetes Summit 2023 inaugurated in Pune

ANI | Updated: Mar 15, 2023 16:06 IST

Pune (Maharashtra) [India], March 15 (ANI/PNN): At a time when there is an exponential surge in the number of people with diabetes across the world, we need collaborative efforts, multidimensional approach and disruptive technologies need of the hour to tackle the surge of diabetes opined experts.

The 7th International Diabetes Summit 2023 organized by Chellaram Diabetes Institute was inaugurated on Friday in presence of Swami Swaroopanandaji Global Head - Chinmaya Mission and Dr Ashish Lele (Director, CSIR-National Chemical Laboratory, Pune) along with Lal Chellaram, Chairman of Chellaram Diabetes Institute, and Patron of International Diabetes Summit, Prakash Bhupatkar, Vice Chairman Chellaram Group, Dr Unnikrishnan AG, C.E.O. Chellaram Diabetes Institute, Dr (Brig.) Anil P Pandit, C.M.D. Chellaram Diabetes Institute, Shobhana Chellaram, and other dignitaries. The three day summit is focused on talks on managing diabetes complications, cost-effective diabetes care, new advances and role of technology in diabetes management. More than 2000 delegates are attending the event.

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Dr Ashish Lele (Director, CSIR-National Chemical Laboratory, Pune), said that today's youth are more conscious about fitness. This along with disruptive technologies will help tackle the menace of diabetes.

Swami Swaroopanandaji Global Head - Chinmaya Mission said openness of mind in research, going to the root of the cause and different viewpoints on a subject is important to see a holistic picture from a right perspective and find solutions. Science of spirituality makes us rise above our physical, mental and intellectual presence to view the stand point from our own self.

Lal Chellaram, Chairman of Chellaram Diabetes Institute said that when we started Chellaram Diabetes Institute twelve years ago, our aim was to do something which would make an impact on the surge of diabetes in India with patient awareness education and research. He talked about the journey and achievements so far.

Dr Unnikrishnan AG, C.E.O. Chellaram Diabetes Institute in his welcome address, said there are 76 million people with diabetes in India, more 53.7 million people with diabetes in the world, millions of people die of diabetes every year. While these numbers are important, they don't reflect the real picture, they do not tell you the small details like the suffering of people with diabetes. The conference has focused approach from larger to smaller details. As practicing doctors we need to look at focusing on smaller details and merge it with larger details. Apart from focused approach looking at the larger picture by doing research, educating and making people aware. With this dualistic approach our intention is to make impact on diabetes and its treatment. The heart of the conference is the patients and help navigate them from illness to health.

Various publications of Chellaram Diabetes Institute including 'Chronicle of Diabetes Research and Practice' Publication of International Diabetes summit 2023 abstracts and recent issue of Diabetes Health Magazine were also launched at the hands of the dignitaries.

Dr (Brig.) Anil P Pandit, C.M.D. Chellaram Diabetes Institute proposed the vote of thanks.

Eminent international speakers from Karolinska Institutet in Sweden, Mayo Clinic and Barbara Davis Center for Diabetes in USA, National University of Singapore and University of Leicester, London Medical, Manchester University, University of Edinburgh, Imperial College London and University of Dundee in the UK and over 70 renowned Indian faculty members to speak at the summit. 80 young researchers will present free papers to win the Chellaram Foundation Diabetes Research Awards- 2023 Basic and Clinical Science Categories (Rs2,00,000 and Rs1,00,000). Children and adolescents with Type 1 Diabetes will participate in "Run for Diabetes" - 3 km marathon organised by Chellaram Diabetes Institute and the Blue Circle Foundation on Sunday 12th March.

The wonderful teamwork under the leadership of Dr. Unnikrishnan AG and Dr. Anil Pandit enabled the success of our conference.

