



# Chellaram Diabetes Institute

## 8<sup>th</sup> INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

15<sup>th</sup> – 17<sup>th</sup> MARCH 2024  
JW Marriott, Pune



### WITH FACULTY FROM

Mayo Clinic, USA

Imperial College, UK

Karolinska Institutet, Sweden

University of Leicester, UK

University of Dundee, UK

Stellenbosch University, South Africa

National University of Singapore, Singapore

Keele University, UK

And Well – Known National Faculty!

Applying  
for MMC  
credit points

In Association with



International Diabetes  
Federation  
Centre of Excellence in Diabetes Care  
Valid until December 2023

Chellaram  
Diabetes Institute

[www.cdidiabetessummit.org](http://www.cdidiabetessummit.org) | [www.cdi.org.in](http://www.cdi.org.in)

# Invitation

Dear Colleagues,

Greetings! Diabetes is increasing in epidemic proportions worldwide. In India alone, more than 77 million people have Diabetes. The need of the hour is to empower Health Care providers with Basic and Advanced Diabetes Care expertise for better management of Diabetes and its associated complications.

The Chellaram Diabetes Institute (CDI), well known for its commitment towards the fight against Diabetes, has been organizing International Diabetes Summits every year since 2017 with a huge success. With the increasing need of advanced diabetes care education, the Chellaram Diabetes Institute is organizing the 8<sup>th</sup> International Diabetes Summit from 15<sup>th</sup> to 17<sup>th</sup> March 2024 at Hotel J W Marriott, Senapati Bapat Marg, Pune. This is one of the best venues in Western India and has been a host to various National and International congresses.

The 8<sup>th</sup> International Diabetes Summit 2024 is part of CDI's efforts to tackle the escalating problem of Diabetes in our midst. With the best-in-class Speakers from the leading global Diabetes Institutions - accompanied by accomplished Indian experts - this conference would help bring the latest and the best practices in Diabetes care to Clinicians treating people with Diabetes. World renowned scientific experts in the field of Diabetes including Clinicians and Researchers from Karolinska Institute - Sweden, University of Leicester - UK, Mayo Clinic- USA, Imperial College - UK, Stellenbosch University - South Africa, National University of Singapore - Singapore, University of Dundee - UK, Keele University - UK and many more have agreed to grace the occasion. Indian experts will also participate and bring out our country's perspective in managing Diabetes.

We invite you to participate in this conference, which will have a never-before charm as far as Diabetes Conferences in this part of the world are concerned.

Umesh Krishnan A.G.

With Best Wishes,  
The Organizing Team  
CDI's 8<sup>th</sup> International Diabetes Summit 2024

**PLEASE JOIN US IN PUNE**  
**15<sup>th</sup> - 17<sup>th</sup> MARCH 2024**

**Glimpses of**  
**7<sup>th</sup> International Diabetes Summit**



# ORGANIZING COMMITTEE

## Patron

Lal L Chellaram

## Conference Chairpersons

AG Unnikrishnan, Anil P Pandit

### Chief Advisors

C B Sanjeevi  
H B Chandalia  
Ambrish Mithal  
S Sankaranarayanan  
Vandan Agrawal  
Uday Phadke  
Shrirang Godbole

### Convenors, International Faculty Management

Yogini Garud  
KV Kavitha  
Deepali Kunjeer  
Vishwas Walavalkar  
Nandini Ganatra  
Sunila Kelkar

### Convenors, Chellaram Foundation Diabetes Research Award

Savita Bhat  
Manish Bothale  
Shalbha Tiwari  
Shraddha D. Mahajan  
Vikram Desai

### Organizing Secretary

Vedavati Purandare

### Convenors, National Faculty Management

Anuja Mahajan  
Prasanna Dhore  
Dnyanesh Divekar  
Savita Lakhe  
Rahul Chavan  
Sharad Patil

### Tech and Visibility Support Team

Abhirup Bhattacharjee  
Ritesh Shelke  
Surendra Hode  
Amit Khandve  
Ketan Suryawanshi  
Shalini Sharma

### Convenors, Scientific Committee

Prashant Bhalekar  
Ashutosh Pakale

### Joint Organizing Secretaries

Shailesh Deshpande  
Ankur Sharma  
R. Dharini  
Sudeep Jain  
Suhail Shaikh

### Secretariat

Shraddha U. Mahajan

## The Chellaram Foundation Diabetes Research Award – 2024

### 8<sup>th</sup> INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

- The 8<sup>th</sup> International Diabetes Summit 2024 will accept selected abstracts for oral presentations.
- For online submission of abstract, log on to [www.cdidiabetesummit.org](http://www.cdidiabetesummit.org)
- Win medals and prizes upto Rs. 6,00,000 for innovative research work in both clinical and basic science domains.
- Abstract submission guidelines are available on [www.cdidiabetessummit.org](http://www.cdidiabetessummit.org)
- Opening date of abstract submission – 15<sup>th</sup> October 2023
- Last date of abstract submission – 20<sup>th</sup> February 2024

Chellaram Foundation Diabetes Research Award - 2024	Basic Science	Clinical Science
1st Prize	Rs. 2,00,000	Rs. 2,00,000
2nd Prize	Rs. 1,00,000	Rs. 1,00,000



# WITH FACULTY FROM

University of Leicester, UK | Mayo Clinic, USA | Imperial College, UK | Karolinska Institutet, Sweden  
Stellenbosch University, South Africa | National University of Singapore, Singapore  
Keele University, UK | University of Dundee, UK

*And a host of stellar and the best National Speakers on Diabetes*

## Some of the Best International Speakers



**DR. ANKIA COETZEE, South Africa**

Dr. Ankia Coetzee is an eminent Endocrinologist and Faculty at Tygerberg Hospital and Stellenbosch University, South Africa. Dr. Coetzee has special interest in two areas of Diabetology – Diabetes in Pregnancy and Hyperglycemic emergencies. Dr. Coetzee is a former president of the National Society of Endocrinology, Metabolism, and Diabetes in South Africa (SEMDSA). Dr. Coetzee is a reviewer of many scientific publications and holds a “bench to bedside and back” approach that integrates basic sciences with clinical medicine in high regard. Her master of medicine degree focused on hyperglycemic emergencies. With several international publications, guideline authorship and excellent oratory skills, Dr. Coetzee is an academic endocrinologist of global repute.



**DR. MAMAS MAMAS, United Kingdom**

Dr. Mamas Mamas is a Professor of Cardiology at Keele University – United Kingdom, and Clinical Director of the Centre for Prognosis Research. Dr. Mamas is an interventional cardiologist and clinical lead in research at the Royal Stoke Hospital. Dr. Mamas is an Honorary Professor of Population Health at the University of Manchester and an Associate Editor of Circulation Cardiovascular Interventions. He is a member of the E-Cardiology working group of the European Society of Cardiology. He is an internationally renowned Cardiologist with over 500 peer-reviewed publications.



**DR. SHIVANI MISRA, United Kingdom**

Dr Shivani Misra is Faculty Member at Imperial College London. Dr Misra leads a portfolio of studies that investigate the genetics, epidemiology, classification and treatment of early-onset type 2 diabetes, defined as a diagnosis of type 2 diabetes in childhood or early-adulthood (<40 years). Dr Misra was awarded a Future Leaders Mentorship Award from the European Federation for the Study of Diabetes (2017) and in 2021 was awarded the QiC award from NHS England for contributions to diabetes research / services. Dr Misra set up the MY DIABETES study, which has recruited almost 1800 individuals over 40 hospitals around England. Dr. Misra is Co-Chair of the American Diabetes Association Precision Medicine Working group on precision diagnostics for type 2 diabetes.



**DR. KAMLESH KHUNTI, United Kingdom**

Dr. Kamlesh Khunti is the professor of Primary Care Diabetes and Vascular Medicine, University of Leicester, UK. Dr. Khunti is the Director of East Midlands Collaboration for Leadership in Applied Health Research & Care and Co-director for the South East Midlands Diabetes Research Networks. Dr. Khunti’s research into screening, risk assessment, obesity and vascular disease in Diabetes, particularly in black and ethnic minority groups, has had important impact on clinical practice and policy.



**DR. EWAN PEARSON, United Kingdom**

Dr. Ewan Pearson is Professor of Diabetic Medicine at the University of Dundee, UK. Dr. Ewan is clinical academic diabetologist whose research includes discovery and implementation of precision medicine approaches to the management of diabetes and obesity. A world renowned leader for various projects, Dr. Ewan has been awarded the Royal College of Physicians of Edinburgh Croom Lecture an EASD Rising Star award, the Diabetes UK RD Lawrence Lecture and the EASD Minkowski Award for his work in these areas.



#### **DR. PANKAJ SHAH, USA**

Dr. Pankaj Shah is an Endocrinologist, at the Mayo Clinic, Rochester, MN, USA. Dr. Shah has a rich international experience in endocrinology, having also worked at the Creighton University, MD Anderson Center and at University of Texas.



#### **DR. MANJU CHANDRAN, Singapore**

Dr Manju Chandran is Senior Consultant Endocrinologist and Director of the Osteoporosis and Bone Metabolism Unit at Singapore General Hospital. Dr. Chandran has a rich international experience at the University of California, USA as well as in Singapore and is now a pioneering endocrinologist for the Asian region. She is the past President of the Endocrine and Metabolic Society of Singapore. Dr. Chandran's clinical and research interests include disorders such as osteoporosis, interaction between diabetes and bone disease, as well as other metabolic bone disorders. Dr. Chandran is the recipient of several international awards. Dr. Chandran has more than 150 original research publications and is a globally renowned endocrinologist and researcher. Recently, she was honoured with IOF-OI of Johnell Science Award for the global nature of her academic and research contribution.



#### **DR. FRANCESCO COSENTINO, Sweden**

Dr. Francesco Cosentino is professor of Cardiology and chair of Cardiovascular Medicine at the Karolinska Institute and Karolinska University Hospital in Stockholm, Sweden. Dr. Cosentino has worked in several institutions, including the University of Rome, Mayo Clinic – USA and Zurich University. Dr. Cosentino is the recipient of grants and prizes from national and international institutions, research councils, and private foundations. He is the leading author of more than 250 original articles published in top-ranking, peer-reviewed journals. Dr. Cosentino is member of the European Society of Cardiology Board and chair of ESC Advocacy Committee. Dr. Cosentino is Deputy Editor of the European Heart Journal and Consulting Editor of Cardiovascular Research Journal.



#### **DR. C.B SANJEEVI, Sweden**

Dr. Carani B Sanjeevi is a Professor at the Karolinska Institutet (KI) in the Department of Medicine. Dr. Sanjeevi heads a research group "Diabetes Immunology" at the Center for Molecular Medicine in Karolinska University Hospital, Solna campus in Stockholm. He is the Vice-Chancellor of Sri Sathya Sai Institute of Higher Learning, India.



#### **DR. VINAYA SIMHA, USA**

Dr. Vinaya Simha, MBBS, MD is a Consultant in the Division of Endocrinology, and Assistant Professor, Department of Internal Medicine at Mayo Clinic, Rochester, MN. He is board certified in Internal Medicine, Endocrinology and Clinical Lipidology. His research interests include lipodystrophy and the role of body fat distribution on glucose and lipid homeostasis, and has many publications in the field of lipodystrophy and leptin-replacement therapy. He has a keen interest in clinical lipidology and is an investigator in some of the early trials of PCSK9 inhibitors.



#### **DR SURESH RAMA CHANDRAN, Singapore**

Dr Suresh Rama Chandran is a Consultant with the Department of Endocrinology at the Singapore General Hospital. Dr. Suresh completed his specialist training in Diabetes and Endocrinology at Singapore General Hospital and has been a clinical research fellow at the King's College Hospital, London, UK. Dr. Suresh focuses on the holistic care of people with type 1 diabetes and the use of technology to improve outcomes for people with type 1 diabetes. Dr. Suresh's research interests are in the optimal use of continuous glucose monitoring and the integration of technology into the daily lives of people with diabetes to improve their care.



*And many more!!*

# SCIENTIFIC HIGHLIGHTS – IDS 2024

## Practical Diabetology

- New therapies for diabetic kidney disease
- Glucose management in stroke
- Insulin - GLP1 hybrids in primary care
- SMBG in the CGM era

## Lipidology

- The underuse of ezetimibe and bempedoic acid
- All about PCSK9i therapy
- Olpasiran therapy and Lipoprotein (a)
- The enigma that is icosapent ethyl

## Point of View Sessions

- Is the C-peptide test coming back?
- Triple antibody test for better diagnostics
- GLP1- RA vs gliptin-gliflozin: a comparison
- Shorter acting insulins: fast, faster, fastest

## Next Generation Diabetology

- Precision, fuzzy logic and the doctor's brain
- Glycemia and a fight for the cloud
- Weekly insulins. Next, a monthly therapy?
- Achieving dominion over glucagon action

## Debates in Diabetes

- Type 2 diabetes remission – is it sustainable?
- CGM + MSI is better than CSII + SMBG
- Ideal treatment of early gestational diabetes
- Calories, carbs and the healthspan question

## Obesity

- Will newer peptides change global obesity?
- Sarcopenic obesity in daily diabetology
- Activin – tirzepatide for fat selective weight loss
- Clinical importance of recognizing lipedema

## Nutrition and Exercise

- Diet and the four horsemen
- The truth about bulletproof coffee
- When is protein intake too much?
- Meal replacement: true or fake shakes?

## Clinical Pearls

- Practical approach to diabetes in pregnancy
- Diabetic "mycosis" is emerging
- Body composition in diabetes practice
- Saroglitazar, semaglutide and the fibroscan

## New Ideas

- MASLD: making the name more meaningful
- Anatomy of a deprescription
- Will bariatric surgery face extinction?
- Making diabetes-specific antibiotic protocols

## Experience Sharing

- Setting up a diabetes research center
- Managing Acute Charcot Foot
- CGM in people without diabetes
- Ketosis prone diabetes



## About Chellaram Diabetes Institute

Chellaram Diabetes Institute, a unit of Chellaram Foundation, was established in 2010 with the main objective of creating an IMPACT on the rising cases of Diabetes in India. This objective is sought to be achieved through main pillars - Patient Care, Education, Awareness, Outreach, Research and Publication.

### Chellaram Hospital - Diabetes Care and Multispecialty

Operational since 2010, this state of the art diabetes care and multispecialty hospital in Pune has been consistently ranked among the best in India for providing diabetes care.

Visit: [www.cdi.org.in](http://www.cdi.org.in)



### CDI e-Learning Academy

The thrust is on the development of bespoke educational courses, both classroom as well as online, for building the capacity of doctors and other healthcare professionals.

To access online courses visit: [www.cdiacademy.org.in](http://www.cdiacademy.org.in)

### Diabetes Health

A patient-friendly bi-monthly English magazine called "Diabetes Health" since 2011 aims to empower patients with diabetes to take charge of their condition through awareness on a range of diabetes-related issues.

Visit the new digital platform at: [www.diabeteshealth.co.in](http://www.diabeteshealth.co.in)



### Rural Outreach Program

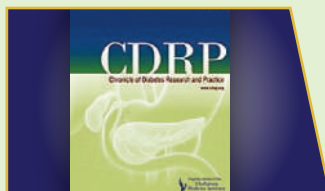
A mobile clinic-based rural outreach program providing advanced diagnostics and basic awareness of Diabetes to the underprivileged rural population.

Visit: [www.cdi.org.in](http://www.cdi.org.in)

### Chellaram Diabetes Research Centre

Studies are being conducted at Chellaram Diabetes Research Centre for diabetes research. CDRC has funded thirteen proposals of approximately Rs. 5.7 crores from all over India under the "Innovation Grants" over the last two years. The third call for proposal is under review.

For more details visit: [www.chellaramresearch.org](http://www.chellaramresearch.org)



### Research Journal

CDI publishes an open access, peer reviewed, scholarly flagship journal "Chronicle of Diabetes Research and Practice" dedicated to publish both clinical and basic science articles which aims to make beneficial impact on the diagnosis and management of diabetes and related disorders.

To access the online journal issues visit: [www.cdrpj.org](http://www.cdrpj.org)

## 8<sup>th</sup> INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE



Scan here  
to register for  
**The 8<sup>th</sup> International Diabetes  
Summit 2024**



Scan here  
to submit abstracts for  
**The Chellaram Foundation  
Diabetes Research Award 2024**



Scan here  
to join our  
**E-learning Academy**



Scan here  
to access  
**The Diabetes Health Magazine  
(DIGITAL + PRINT)**



Scan here  
to access our  
**Chronicle of Diabetes  
Research Journal**

### Secretariat

Shraddha U. Mahajan

### The Secretariat Address:

#### 8<sup>th</sup> International Diabetes Summit 2024

Chellaram Diabetes Institute

1<sup>st</sup> Floor, Lalani Quantum, Opp. Calsoft,  
Pune Bangalore NH4 Bavdhan (Budruk), Pune - 411021

Contact: Ms. Shraddha U. Mahajan  
020-66839771 | 7745015553

E-mail: [ids@cdi.org.in](mailto:ids@cdi.org.in)



### For Registration Contact

#### Vama Events Pvt. Ltd.

Kohinoor Square Phase I, B Wing, Office No. 1004,  
N. C. Kelkar Road, Shivaji Park, Dadar West,  
Mumbai - 400028

Tel.: + 022 35131930/31/32/33, 022 46052832

Email: [conferences@vamaevents.com](mailto:conferences@vamaevents.com)