

8th INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

15th – 17th MARCH 2024 JW Marriott, Pune

WITH FACULTY FROM

Mayo Clinic, USA

Imperial College, UK

Karolinska Institutet, Sweden

University of Leicester, UK

University of Dundee, UK

Stellenbosch University, South Africa

National University of Singapore, Singapore

Keele University, UK

And Well – Known National Faculty!

In Association with



Chellaram Diabetes Institute

Applied for MMC

credit points

www.cdidiabetessummit.org | www.cdi.org.in

Invitation

Dear Colleagues,

Greetings! Diabetes is increasing in epidemic proportions worldwide. In India alone, more than 77 million people have Diabetes. The need of the hour is to empower Health Care providers with Basic and Advanced Diabetes Care expertise for better management of Diabetes and its associated complications.

Chellaram

Diabetes Institute

The Chellaram Diabetes Institute (CDI), well known for its commitment towards the fight against Diabetes, has been organizing International Diabetes Summits every year since 2017 with a huge success. With the increasing need of advanced diabetes care education, the Chellaram Diabetes Institute is organizing the 8th International Diabetes Summit from 15th to 17th March 2024 at Hotel J W Marriott, Senapati Bapat Marg, Pune. This is one of the best venues in Western India and has been a host to various National and International congresses.

The 8th International Diabetes Summit 2024 is part of CDI's efforts to tackle the escalating problem of Diabetes in our midst. With the best-in-class Speakers from the leading global Diabetes Institutions - accompanied by accomplished Indian experts - this conference would help bring the latest and the best practices in Diabetes care to Clinicians treating people with Diabetes. World renowned scientific experts in the field of Diabetes including Clinicians and Researchers from Karolinska Institute - Sweden, University of Leicester - UK, Mayo Clinic- USA, Imperial College - UK, Stellenbosch University - South Africa, National University of Singapore - Singapore, University of Dundee - UK, Keele University - UK and many more have agreed to grace the occasion. Indian experts will also participate and bring out our country's perspective in managing Diabetes.

We invite you to participate in this conference, which will have a never-before charm as far as Diabetes Conferences in this part of the world are concerned.

Unibrishnan AG.

With Best Wishes, The Organizing Team CDI's 8th International Diabetes Summit 2024

PLEASE JOIN US IN PUNE 15th – 17th MARCH 2024

Glimpses of 7th International Diabetes Summit

INTERNATIONAL FACULTY

University of Leicester, UK | Mayo Clinic, USA | Imperial College, UK Karolinska Institutet, Sweden | Stellenbosch University, South Africa National University of Singapore, Singapore Keele University, UK | University of Dundee, UK

And a host of stellar and the best National Speakers on Diabetes





DR. ANKIA COETZEE, South Africa



DR. EWAN PEARSON, United Kingdom



DR. C.B SANJEEVI, Sweden

NATIONAL FACULTY



DR. MAMAS MAMAS, United Kingdom



DR. PANKAJ SHAH, USA



DR. VINAYA SIMHA, USA



DR. SHIVANI MISRA, United Kingdom



DR. MANJU CHANDRAN, Singapore



DR SURESH RAMA CHANDRAN, Singapore

Ajay Kumar Ajit Mehta Altamash Shaikh Ameya Joshi Amit Gupta Ankur Sharma Arun Menon Ashu Rastogi Ashutosh Pakale Awadhesh Kumar Singh Banshi Saboo Bipin Sethi Charulata Bapaye Chitra Selvan Dakshata Padhye Hemraj Chandalia J J Mukherjee J Muthukrishnan Jayashree Gopal Jothydev Kesavadev Kalyan Kumar Gangopadhyay Kaushik Biswas Krishna Seshadri L. Sreenivasa Murthy Lakshmi Nagendra Leena Phadke Mala Dharmalingam Manoj Chawla Mathew John Milind Patwardhan Mohan Shenoy Neha Agarwal Nikita Sarkar Nupur Lalvani Om Lakhani Parita Gajjar Pooja Kamthe Pramila Kalra Prashant Bhalekar Purvi Chawla Rajesh Javherani Rishi Shukla Rucha Mehta Rutuja Ainapure Rutuja Mahajan S K Singh Sanjay Agarwal Sanjay Gupte Sanjay Kalra Sanjay Phadke Sharvil Gadve Shehla Shaikh Sheryl Salis Sonal Chandalia Srikanth Kongara Sruti Chandrasekaran



DR. KAMLESH KHUNTI, United Kingdom



DR. FRANCESCO COSENTINO, Sweden

Suhas Erande Sunil M Jain Tiny Nair Uday Phadke Umapati Hegde Unnikrishnan AG Usha Sriram Vaishali Deshmukh Vaman Khadilkar Varsha Jagtap Vedavati Purandare Vijay Negalur Vijay Viswanathan Vishwas Walavalkar



15th – 17th MARCH 2024 | JW Marriott, Pune

BANTING HALL

8.10 - 8.25 pm

Discussion

DAY 1 | 15th MARCH 2024, FRIDAY

Timings	Topics	Speaker
8.45 am	Lamp Lighting	
	New Concepts in Diabetes Management	
Targ	geting Body Composition Through Appropriate Intervent	ion: A Workshop
	Moderator: Rucha Mehta, Vedavati Purandare	
Session I: Introductory Aspe	cts of Body Composition Assessment	
9.00 - 10.00 am	A simple overview of the human body: fat versus fat free mass	Unnikrishnan AG
10.00 - 10.45 am	Demonstration of body fat assessment • How to measure body fat in your clinic? • Next generation BIA for body composition	Vedavati Purandare, Nikita Sarkar Vishwas Walavalkar
Session II: Demonstration o	f Nutritional Advice	
10.45 – 11.05 pm	A diet for improving body composition and longevity	Sheryl Salis
11.05 - 11.45 am	A nutritional atlas of protein intake: focus on vegetarian diets	Vedavati Purandare, Rutuja Mahajan Sheryl Salis, Parita Gajjar, Rutuja Ainapure, Pooja Kamthe
Session III: An Exercise Prese	cription by a Physician	
11.45 – 12.05 pm	What is an endurance exercise?	J Muthukrishnan
12.05 – 12.20 pm	What is resistance training?	Vishwas Walavalkar
12.20 – 12.35 pm	Prescribing exercise: 2 explanatory case studies	Rucha Mehta
12.35 – 1.15 pm	Personalizing a fitness plan: interactive session	J Muthukrishnan, Vishwas Walavalk Rucha Mehta
1.15 – 2.00 pm	Lunch hour	
	Seminar on Clinical Advances in Daily Diabetolo	ogy
New Concepts in Diabetes Ma	nagement Management of chronic coronary syndrome in patients with diabe	etes Mamas Mamas
2.00 – 2.20 pm		
2.20 – 2.40 pm	The Nobel path: how the nobel prize winners are selected	C B Sanjeevi
2.40 – 3.00 pm	A series of interesting diabetes cases	H B Chandalia
3.00 – 3.15 pm		
3.15 – 5.00 pm	Inauguration Program Chief Guest: Prof Sunil Bhagwat – Director IISER, Pune Guest of Honour: Dr Narendra Kotwal, Commandant AFMC, Pune	Lifetime Achievement Award Dr Gururaj Mutalik, MD FAMS Ex CEO of IPPP NW Ex Director at WHO global offic Ex Director DMER, MG State Ex Dean BJMC Pune
Glucose Control in Diabetes		Ex Head & Professor Med. BJMC Pune
5.00 – 5.30 pm	Pitfalls of the HbA1c	Shivani Misra
Clinical Aspects of Ectopic Fa	at	
5.35 – 5.55 pm	Non-alcoholic fatty pancreas disease and intrapancreatic fat deposition – unravelling the links	Om Lakhani
5.55 – 6.15 pm	Saroglitazar 2024	Manoj Chawla
6.15 – 6.25 pm	Discussion	
Of Personalized Diabetes Car	e and Bone Health	
6.30 - 6.50 pm	Personalized diabetes management: leveraging the power of data	a Jayashree Gopal
6.50 – 7.10 pm	Vitamin D- hype, myths and truths	Manju Chandran
7.10 – 7.20 pm	Discussion	
Injectables in Diabetes Care -	What is New	
7.25 – 7.40 pm	Timely concept : Advances in Basal Insulin Therapy	Krishna Seshadri
7.40 – 7.55 pm	Towards a simplified solution in T2D management	Sanjay Kalra
7.55 – 8.10 pm	Simplifying Control of T2DM with IGLARLEXI	Banshi Saboo

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BEST HALL

		DEOTHAL
Timings	Topics	Speaker
Diabetes and Mycology	New Concepts in Diabetes Management	
9.30 – 10.00 am	Aspergillus fungal ball in people with diabetes	Ankur Sharma
Mini – Debate		
CGM in Hospital Settings		Moderators: Shilpa Bhosale, Sudam Khedkar
10.15 - 10.55 am	CGM for in ICU: is it useful ?	Yes: Prashant Bhalekar No: Rajesh Javherani
Diabetes Therapy: A Multi-	Faceted Approach	
11.00 – 11.30 am	When to choose an insulin sensitizing glycosuric incretin combination pill	Dakshata Padhye
Mini – Debate Severe Obesity in Adolesce	ence	
11.35 - 12.15 pm	Morbidly obese adolescents should receive anti-obesity injection	For: Lakshmi Nagendra Against: Mohan Shenoy
Controversies in Metabolic	Health	
12.15 – 12.35 pm	Case study: metabolic implications of hirsutism	Krishna Seshadri
12.35 – 12.55 pm	Sweeteners: boon or bane?	Sonal Chandalia
12.55 – 1.05 pm	Discussion	
1.05 – 2.00 pm	Lunch hour	
	Seminar on Clinical Advances in Daily Diabeto	logy
Clinical Advances in Obesit	-	
2.00 - 2.15 pm	Redefining obesity management with contemporary anti-obesity	medications Om Lakhani
2.15 – 2.30 pm	Panel Discussion: Moderator: Om Lakhani Panelist: Unnikrishnan A G, Rucha Meh 1. Simplifying obesity management with an algorithmic approach 2. Role of multi-disciplinary team in obesity care	
Diabetes Foot Update		
2.35 - 3.00 pm	What is the new treatment option in diabetic foot ulcers?	Ashu Rastogi
Insulin Therapy: What is Ne	w?	
3.05 – 3.30 pm	Insulin co-formulation in action: clinical epiphanies	Sanjay Kalra & Sharvil Gadve
3.30 - 4.40 pm	Inauguration Program Chief Guest: Prof Sunil Bhagwat – Director IISER, Pune Guest of Honour: Dr Narendra Kotwal, Commandant AFMC, Pune	Lifetime Achviement Award Dr Gururaj Mutalik, MD FAMS Ex CEO of IPPP NW Ex Director at WHO global office Ex Director DMER, MG State Ex Dean BJMC Pune Ex Head & Professor Med. BJMC Pune
Improving Glucose Control	: What More?	
4.40 - 4.55 pm	Changing trends in lipid management	Sunil Sathe
4.55 - 5.25 pm	DPP4 inhibitor in cardiometabolic disease: recent insights	Mathew John
5.25 – 5.30 pm	Discussion	
Novel Concepts		
5.35 – 5.55 pm	Interchangeable glargine: an evolution or revolution in managing people with diabetes	Vaishali Deshmukh
5.55 – 6.15 pm	DKA and pregnancy – case-based perspective	Ankia Cotzee
6.15 – 6.25 pm	Discussion	
Of Precision and Cardiovas	cular Diabetology	
6.30 - 6.50 pm	Patient centered collaborative care using iPDM	Sruti Chandrasekaran
6.50 - 7.10 pm	Coronary revascularisation in patients with diabetes	Mamas Mamas
7.10 – 7.20 pm	Discussion	
Keynote Lecture		
7.25 - 7.45 pm	Four future technologies that could change diabetes care	Jothydev Kesavadev
7.45 - 8.05 pm	Addressing the unholy trinity of T2D, CVD and weight with oral ser	·
8.05 – 8.15 pm	Discussion	
0.00 - 0.10 pm	DISCUSSION	

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BANTING HALL

DAY 2 | 16th MARCH 2024, SATURDAY

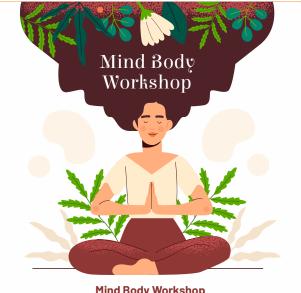
Timings	Торісѕ	Speaker
	Conference on Frontiers in Precision Diabetology and Therape	utics
Therapeutic Journeys i	n Diabetes Care	
8.00 - 8.20 am	Biosimilar insulin aspart - India journey in insulin innovation	Pramila Kalra
8.20 – 8.40 am	Time to consider SGLT2i as the first line in type 2 diabetes	Lakshmi Nagendra
8.40 - 8.50 am	Discussion	
Unique Comorbidities a	nd their Management	
8.55 - 9.15 am	Finerenone therapy in the diabetes clinic – case studies that illustrate management	Bipin Sethi
9.15 - 9.35 am	Candidemia of urinary sources in diabetes: a case study and literature review	Ashutosh Pakale
9.35 - 9.45 am	Discussion	
New advances in Diabet	cology	
9.50 - 10.10 am	Optimizing combination therapy for holistic cardio-renal-metabolic care in T2DM	Vijay Negalur
10.10 - 10.30 am	Precision medicine in type 2 diabetes diagnosis	Shivani Misra
10.30 – 10.40 am	Discussion	
Lipidology Symposium		
10.45 - 11.05 am	lcosapent ethyl : a 2024 primer	Tiny Nair
11.05 - 11.25 am	Non obese type 2 diabetes: is it lipodystrophy?	Vinaya Simha
11.25 - 11.35 am	Discussion	
Of Insulin and Inflamma	tion	
11.40 – 12.10 pm	Is diabetes an inflammatory disease condition?	Pramila Kalra
SGLT2i Inhibition 2024		
12.15 -12.30 pm	DAPACARE: re-evolution in clinical development program across metabolic spectrum	Vijay Viswanathan
12.30 – 1.15 pm	Panel discussion on treat to target vs treat the organ	L. Sreenivasa Murthy, Umapati Hegde, Vijay Viswanath
1.15 – 2.00 pm	Lunch hour	
Thyroid Mini Symposiun Thyroid Nodule Manage		
2.00 - 2.30 pm	Pathways to assess a thyroid nodule: case studies	Milind Patwardhan
Hypothyrodism – what i	s new?	
2.35 - 2.50 pm	T3 therapy in 2024	Ameya Joshi
2.50 – 3.05 pm	Clinical perspectives on subclinical hypothyroidism	K Srikanth
3.05 – 3.15 pm	Discussion	
Of Inflammation and Inn	novation	
3.20 - 3.45 pm	Alogliptin : fortified with evidence on CGM	Suhas Erande
5.20 - 5.45 pm		
Clinical Views on the Isl	et Cell	
	et Cell The alpha cell demystified	Mala Dharmalingam
Clinical Views on the Isl		Mala Dharmalingam Ewan Pearson

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Timings	Торісѕ	Speaker
Clinical Endocrinology and D	iabetes	
4.45 - 5.05 pm	Cushing Syndrome: 2 cases that illustrate disease complexity	S K Singh
5.05 - 5.25 pm	Remission of diabetes - a reality in the real world setting?	Kamlesh Khunti
5.25 - 5.35 pm	Discussion	
Thyroid Symposium		
5.40 - 6.10 pm	Managing thyroid dysfunction in women at climacteric age	Chitra Selvan
6.10 – 6.40 pm	Difficult thyroid function tests: a case series	Arun Menon
The 2024 Heart Failure Upda	te	
6.45 – 7.15 pm	How do the SGLT2 inhibitors work in diabetes and heart failure?	Francesco Cosentino
Frontiers in Diabetes Care		
7.20 - 7.45 pm	Harnessing real world experiences with oral semaglutide	Ajay Kumar
7.45 – 8.05 pm	Clinical impact of evolving insulins and the persisting lacuna in adoption	Awadhesh Kumar Singh



Mind Body Workshop by Vaishali Deshmukh, Sanjay Phadke, and Leena Phadke

Date: 16th March 2024, Saturday Time: 9.00 am to 1.00 pm Venue: 1st floor Minkowski Hall at JW Marriott, Pune (Only for Online pre-registrants)

Chellaram Diabetes Institute, Blue Circle Foundation and Servier India Private Limited



Date: 17th March 2024 Time: 07:30 am FLAG OFF: Marriott Gates



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BANTING HALL

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DAY 2 | 16th MARCH 2024, SATURDAY

9.20 - 9.40 am Three interesting CGM cases Banst 9.40 - 9.55 am Discussion Discussion Diabetic Kidney and the Bone 10.00 - 10.20 am Optimizing CKD care in diabetes: implications from EMPA kidney Awadi 10.20 - 10.40 am Musculoakeletal conditions in diabetes- more than just skeletal fragility Manju 10.40 - 10.50 am Discussion Precision Diabetology and Therapeutics Volume 10.55 - 11.15 am Patient Centric with Basal Insulin J J M J J M 11.15 - 11.35 am IDiabetes: implementing precision diabetes care Ewan 11.35 - 11.45 am Discussion Three MASH Lecture Kalyai 12.00 - 12.30 pm Towards physiologic insulin replacement in type 1 diabetes Sures 12.40 pm Discussion The MASH Lecture Kanuel 12.45 - 1.15 pm Use of FIB4 for diagnosing MASH Kanuel Kanuel 1.16 - 2.00 pm Lunch hour CME on Clinical Endocrinology and Diabetes Kausel 2.30 - 2.30 pm Endocrine causes of hypertension in diabetes - a series of 3 cases Kausel 2.30 - 3.00 pm Setting up a clinical research center in diabetes: my experience L. Sre	ker Chawla Di Saboo Desh Kumar Singh Chandran Ukherjee Pearson
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	M Jain
5.40 - 5.50 pm Discussion Current Diabetology	
	a Jagtap
	ukherjee
Case Based Approaches to Diabetes and Endocrinology	
7.15 - 7.35 pm Is prevention of prediabetes possible? Sanja	1 Shenoy
7.35 – 7.50 pm Management of hospitalized HFrEF patients with Right GDMT : Case based Ajit M	n Shenoy y Agarwal
	y Agarwal

8th INTERNATIONAL DIABETES SUMMIT - 2024 | PUNE

15th – 17th MARCH 2024 | JW Marriott, Pune

DAY 3 | 17th MARCH 2024, SUNDAY

Symposium on Diabetes in Pregnancy and Women's Health

Mentors: Sanjay Gupte, Usha Sriram, Unnikrishnan A G, Vedavati Purandare, Meenu Agarwal, Parag Biniwale

rientors. Sunjuy Supte, Oshu Shhum, Onnikhshhum A G, Veduvuti Furundure, Pieenu Ayurwur, Furuy Biniwure			
Timings	Topics	Speaker	
Session 1: Introductor	y topics	Chairperson: Meenu Agarwal	
8.45 - 9.00 am	Pre-gestational diabetes	Unnikrishnan A G	
9.00 - 9.20 am	Pregnancy as a window to future chronic disease	Usha Sriram	
9.20 - 9.40 am	Implications of diabetes trials for women	Pankaj Shah	
9.40 - 10.00 am	Screening for gestational diabetes – what is new?	Sanjay Gupte	
10.00 – 10.15 am	Discussion		
Session 2: Clinical Per	rspectives on GDM	Chairperson: Parag Biniwale	
10.20 - 10.40 am	Demonstration of CGM (Continuous Glucose Monitoring)	R Dharini, Nikita Sarkar, Vedavati Purandare	
10.40 - 10.50 am	Glucose monitoring and novel technologies: an illustrative case of pregnancy in type 1 diabetes	Suresh Ramachandran	
10.50 - 11.20 am	Fetal monitoring in gestational diabetes	Neha Agarwal	
11.20 – 11.35 am	Discussion		
Session 3: Anti-diabet	tes Medications in Pregnancy	Chairperson: Vaishali Chavan	
11.40 – 12.00 pm	Bolus insulin in GDM: focus on insulin aspart	Chitra Selvan	
12.00 – 12.20 pm	Metformin in pregnancy – a clinical perspective	Ankia Coetzee	
12.20 - 12.30 pm	Discussion		
Session 4: Clinical Ca	se Seminar Presented	and Moderated: Dr Unnikrishnan A G	
12.35 - 12.50 pm	A 39-year-old lady in the 30th week of pregnancy has diabetes since 12 y She is currently on basal bolus injection. She has already been on metfo since many years and it has not been stopped yet. (The CGM profile will b	rmin	
Points for Panel Discus	ssion:	Moderator: Unnikrishnan A G	
12.50 – 1.20 pm	Panel discussion on treatment choices, mode of delivery decisions, post pregnancy contraception and future directions	Usha Sriram, Sanjay Gupte, Ankia Coetzee, Charulata Bapaye, Vedavati Purandare	
01.20 pm onwards	Valedictory ceremony, lunch and closing		

The Chellaram Foundation Diabetes Research Award – 2024 8th INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

- The 8th International Diabetes Summit 2024 will accept selected abstracts for oral presentations.
- For online submission of abstract, log on to www.cdidiabetesummit.org
- Win medals and prizes upto Rs. 6,00,000 for innovative research work in both clinical and basic science domains.
- · Abstract submission guidelines are available on www.cdidiabetessummit.org
- Opening date of abstract submission 15th October 2023
- Last date of abstract submission 20th February 2024

Chellaram Foundation Diabetes Research Award - 2024	Basic Science	Clinical Science
1st Prize	Rs. 2,00,000	Rs. 2,00,000
2nd Prize	Rs. 1,00,000	Rs. 1,00,000

BANTING HALL



15th – 17th MARCH 2024 | JW Marriott, Pune

BEST HALL

DAY 3 | 17th MARCH 2024, SUNDAY

Mini Symposium on Technology in Diabetes

Timings	Topics	Speaker	
Type 1 Diabetes: Tech, Tepliz	zumab and Targets		
8.30 - 9.30 am	Gadget atlas: what do you need if your patient has diabetes – an interactive on-table display	Nikita Sarkar, Nupur Lalwani, Rutuja Mahajan,Pooja Kamthe, Ashutosh Pakale	
9.30 - 10.00 am	What's new in type 1 diabetes : teplizumab, diets and more!	C B Sanjeevi	
Frontiers in Type 1 Diabetes	Care		
10.00 - 10.20 am	Automation in Insulin delivery	Vaman Khadilkar	
10.20 - 10.40 am	Not type 1, and not type 2 too?	Altamash Shaikh	
10.40 -10.55 am	Discussion		
Tackling Variability, Boluses, Monitoring and More			
11.00 - 11.20 am	What next after Basal Initiation	Uday Phadke	
11.20 - 11.40 am	Is CGM useful in people without diabetes?	Amit Gupta	
11.40 -12.00 pm	Discussion		
Cardiovascular Diabetology	and Nutrition		
12.05 - 12.25 pm	Advanced lipoprotein profile testing in diabetes	Vinaya Simha	
12.25 – 12.45 pm	Clinician's perspective for weight management in diabetes- tips and trips	Ameya Joshi	
12.45 – 1.05 pm	2023 ESC guidelines for the management of cardiovascular disease in patients with diabetes	Francesco Cosentino	
1.05 – 1.20 pm	Discussion		
01.20 pm onwards	Valedictory ceremony, lunch and closing		

About Chellaram Diabetes Institute

Chellaram Diabetes Institute, a unit of Chellaram Foundation, was established in 2010 with the main objective of creating an IMPACT on the rising cases of Diabetes in India. This objective is sought to be achieved through main pillars - Patient Care, Education, Awareness, Research & Wellness .

Chellaram Hospital - Diabetes Care and Multispecialty

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Upcoming Chellaram Wellness Centre

8th INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

15th – 17th MARCH 2024 | JW Marriott, Pune





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Lal L Chellaram

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Vedavati Purandare

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> Secretariat Shraddha U. Mahajan

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