



# Chellaram Diabetes Institute

## 8<sup>th</sup> INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE

15<sup>th</sup> – 17<sup>th</sup> MARCH 2024

JW Marriott, Pune



### WITH FACULTY FROM

Mayo Clinic, USA

Imperial College, UK

Karolinska Institutet, Sweden

University of Leicester, UK

University of Dundee, UK

Stellenbosch University, South Africa

National University of Singapore, Singapore

Keele University, UK

And Well Known National Faculty!

## SCIENTIFIC PROGRAM

Applied  
for MMC  
credit points

In Association with



International Diabetes  
Federation  
Centre of Excellence in Diabetes Care  
Valid until December 2025



Chellaram  
Diabetes Institute

[www.cdidiabetessummit.org](http://www.cdidiabetessummit.org) | [www.cdi.org.in](http://www.cdi.org.in)



## Scientific Sessions

- **Main Scientific Sessions:**  
Will be at the Banting & Best Hall,  
JW Marriott, Ballroom Level, Ground Floor
- **Oral Paper Presentations:**  
15<sup>th</sup> & 16<sup>th</sup> March 2024 at the Macleod Hall and Collip Hall, 1<sup>st</sup> floor, from 09.30 am onwards  
15<sup>th</sup> & 16<sup>th</sup> March 2024 at the Macleod Hall and Collip Hall, 1<sup>st</sup> floor, from 09.30 am onwards
- **Mind and Body Workshop:**  
16<sup>th</sup> March Minkowski Hall, 1<sup>st</sup> floor, from 09.00 am onwards.

## Conference Certificate

- It is mandatory to sign on Registration list for all 3 days to avail the Full MMC Credit Points
- It is mandatory to submit the filled feedback forms while collecting the certificates
- Feedback Forms are provided in the delegate kit bag
- Only present delegates will be given the certificate of participation against their signature on the attendance rooster
- Certificate's will NOT be couriered later, nor will they be handed over to anyone else.

## Food & Beverages

- Conference Lunch will be served from 12 noon to 3.00 pm. Meals will be strictly served against the QR-coded conference badges on all dates.
- **15<sup>th</sup> March 2024:**  
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck  
Faculty Lunch: Business Center (First Floor)  
Dinner: 2<sup>nd</sup> Floor Pool Deck Area
- **16<sup>th</sup> March 2024:**  
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck  
Faculty Lunch: Business Center (First Floor)  
Gala Dinner: 2<sup>nd</sup> Floor Pool Deck Area
- **17<sup>th</sup> March 2024:**  
Delegate Lunch: Driveway Area, PBC Walkway & First Floor, Pool Deck  
Faculty Lunch: Business Center (First Floor)
- Entry to food court will be restricted to the registered delegates only
- Please wear your name badge during all conference events.
- Your badge contains your QR code which allows your access to scientific sessions, Exhibition Site, All meals and the gift counter.
- Participants will receive their name badges at the Registration counter. Delegates/ Faculty will have access to scientific areas only against Badge.
- No accompanying Person will be allowed permission to access the scientific halls.
- For security reasons, entry will only be permitted for valid Badge Holders.

## Food Coupons

- Additional Lunch Coupons will be charged at Rs 2000/- per coupon per day, please contact the Registration Counter for the same

# ORGANIZING COMMITTEE



## Patron

Lal L Chellaram

## Conference Chairpersons

AG Unnikrishnan | Anil P Pandit

## Chief Advisors

C B Sanjeevi | H B Chandalia | Ambrish Mithal | S Sankaranarayanan  
Vandan Agrawal | Uday Phadke | Shirang Godbole

## Organizing Secretary

Vedavati Purandare

## Convenors, Scientific Committee

Prashant Bhalekar | Ashutosh Pakale

## Joint Organizing Secretaries

Shailesh Deshpande | Ankur Sharma | R. Dharini | Sudeep Jain | Suhail Shaikh

## Convenors, International Faculty Management

Yogini Garud | KV Kavitha | Deepali Kunjeer | Vishwas Walavalkar | Nandini Ganatra | Sunila Kelkar

## Convenors, National Faculty Management

Anuja Mahajan | Prasanna Dhore | Dnyanesh Divekar | Savita Lakhe | Rahul Chavan | Sharad Patil

## Convenors, Chellaram Foundation Diabetes Research Award

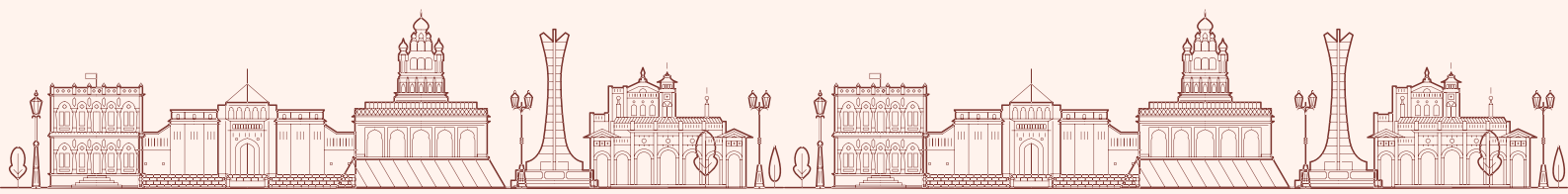
Savita Bhat | Manish Bothale | Shalbha Tiwari | Shraddha D. Mahajan | Vikram Desai

## Tech and Visibility Support Team

Abhirup Bhattacharjee | Ritesh Shelke | Surendra Hode | Amit Khandve | Ketan Suryawanshi  
Shalini Sharma | Shinoj CP

## Secretariat

Shraddha U. Mahajan



**BANTING HALL**
**DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY**

Timings	Topics	Speaker
8.45 am	Lamp Lighting	
<b>New Concepts in Diabetes Management</b>		
<b>Targeting Body Composition Through Appropriate Intervention: A Workshop</b>		
<b>Moderators:</b> <i>Rucha Mehta, Vedavati Purandare</i>		
<b>Session I: Introductory Aspects of Body Composition Assessment</b>		<b>Chairpersons:</b> <i>Rajesh Javherani, Suresh Shinde</i>
9.15 - 10.00 am	A simple overview of the human body: fat versus fat free mass	Unnikrishnan AG
10.00 - 10.45 am	Demonstration of body fat assessment • How to measure body fat in your clinic? • Next generation BIA for body composition	Vedavati Purandare, Nikita Sarkar Vishwas Walavalkar
<b>Session II: Demonstration of Nutritional Advice</b>		
10.45 - 11.05 am	A diet for improving body composition and longevity	Sheryl Salis
11.05 - 11.45 am	A nutritional atlas of protein intake: focus on vegetarian diets	Vedavati Purandare, Rutuja Mahajan, Sheryl Salis, Parita Gajjar, Rutuja Ainapure, Pooja Kamthe
<b>Session III: An Exercise Prescription by a Physician</b>		<b>Chairpersons:</b> <i>Anjali Bhatt, Manas Manohar</i>
11.45 - 12.05 pm	What is an endurance exercise?	J Muthukrishnan
12.05 - 12.20 pm	What is resistance training?	Vishwas Walavalkar
12.20 - 12.35 pm	Prescribing exercise: 2 explanatory case studies	Rucha Mehta
12.35 - 1.15 pm	Personalizing a fitness plan: interactive session	J Muthukrishnan, Vishwas Walavalkar Rucha Mehta
<b>1.15 - 2.00 pm</b>	<b>Lunch hour</b>	
<b>Seminar on Clinical Advances in Daily Diabetology</b>		
<b>New Concepts in Diabetes Management</b>		<b>Chairpersons:</b> <i>Govardhan Husale, Ranjeet Patil</i>
2.00 - 2.20 pm	Management of chronic coronary syndrome in patients with diabetes	Mamas Mamas
2.20 - 2.40 pm	The Nobel path: how the nobel prize winners are selected	C B Sanjeevi
2.40 - 3.00 pm	A series of interesting diabetes cases	H B Chandalia
3.00 - 3.15 pm	Discussion	
<b>3.15 - 5.00 pm</b>	<b>Inauguration Program</b> <b>Chief Guest:</b> <i>Prof Sunil Bhagwat - Director IISER, Pune</i> <b>Guest of Honour:</b> <i>Dr Narendra Kotwal, Commandant AFMC, Pune</i>	<b>Lifetime Achievement Award</b> <b>Dr Gururaj Mutalik, MD FAMS</b> Ex CEO of IPPP NW   Ex Director at WHO global office Ex Director DMER, MG State   Ex Dean BJMC Pune Ex Head & Professor Med. BJMC Pune
<b>Glucose Control in Diabetes</b>		<b>Chairpersons:</b> <i>Sajal Kamat, Meeta Burande</i>
5.00 - 5.30 pm	Pitfalls of the HbA1c	Shivani Misra
<b>Clinical Aspects of Ectopic Fat</b>		<b>Chairpersons:</b> <i>Rajashree Khot, Preeti Gholap</i>
5.35 - 5.55 pm	Non-alcoholic fatty pancreas disease and intrapancreatic fat deposition - unravelling the links	Om Lakhani
5.55 - 6.15 pm	Saroglitazar 2024	Manoj Chawla
6.15 - 6.25 pm	Discussion	
<b>Of Personalized Diabetes Care and Bone Health</b>		<b>Chairpersons:</b> <i>Suresh Ramachandran, Aniket Joshi, Vidya Desai</i>
6.30 - 6.50 pm	Personalized diabetes management: leveraging the power of data	Jayashree Gopal
6.50 - 7.10 pm	Vitamin D- hype, myths and truths	Manju Chandran
7.10 - 7.20 pm	Discussion	
<b>Injectables in Diabetes Care - What is New</b>		<b>Chairpersons:</b> <i>Sanjay Gandhi, Mala Dharmalingam, Yogesh Kadam</i>
7.25 - 7.40 pm	Timely concept : Advances in Basal Insulin Therapy	Krishna Seshadri
7.40 - 7.55 pm	Towards a simplified solution in T2D management	Sanjay Kalra
7.55 - 8.10 pm	Simplifying Control of T2DM with IGLARLEXI	Banshi Saboo
8.10 - 8.25 pm	Discussion	

DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY

BEST HALL

Timings	Topics	Speaker
<b>New Concepts in Diabetes Management</b>		
<b>Diabetes and Mycology</b> <span style="float: right;"><b>Chairpersons:</b> Aarti Shahade, Anil Pandit, Aditya Yeolekar</span>		
9.30 – 10.00 am	Aspergillosis in diabetes : case based perspectives	Ankur Sharma
<b>Mini – Debate CGM in Hospital Settings</b> <span style="float: right;"><b>Chairpersons:</b> Shilpa Bhosale, Sudam Khedkar, Ajit Tambolkar</span>		
10.15 – 10.55 am	CGM for in ICU: is it useful ? <b>Moderators:</b> Shilpa Bhosale, Sudam Khedkar	<b>Yes:</b> Prashant Bhalekar <b>No:</b> Rajesh Javherani
<b>Diabetes Therapy: A Multi-Faceted Approach</b> <span style="float: right;"><b>Chairpersons:</b> Anu Gaikwad, Manish Agrawal</span>		
11.00 – 11.30 am	When to choose an insulin sensitizing glycosuric incretin combination pill	Dakshata Padhye
<b>Mini – Debate Severe Obesity in Adolescence</b> <span style="float: right;"><b>Chairpersons:</b> Gourish Karande, Shailesh Deshpande</span>		
11.35 – 12.15 pm	Morbidly obese adolescents should receive anti-obesity injection	<b>For:</b> Lakshmi Nagendra <b>Against:</b> Mohan Shenoy
<b>Controversies in Metabolic Health</b> <span style="float: right;"><b>Chairpersons:</b> Arundhati Diwan, Varsha Bhatt</span>		
12.15 – 12.35 pm	Case study: metabolic implications of hirsutism	Krishna Seshadri
12.35 – 12.55 pm	Sweeteners: boon or bane?	Sonal Chandalia
12.55 – 1.05 pm	Discussion	
<b>1.05 – 2.00 pm</b>	<b>Lunch hour</b>	
<b>Seminar on Clinical Advances in Daily Diabetology</b>		
<b>Clinical Advances in Obesity and Comorbidities</b>		
2.00 – 2.15 pm	Redefining obesity management with contemporary anti-obesity medications	Om Lakhani
2.15 – 2.30 pm	<b>Panel Discussion:</b> <b>Moderator:</b> Om Lakhani   <b>Chairpersons/Panelists:</b> Unnikrishnan A G, Rucha Mehta, Shashank Shah 1. Simplifying obesity management with an algorithmic approach 2. Role of multi-disciplinary team in obesity care	
<b>Diabetes Foot Update</b> <span style="float: right;"><b>Chairpersons:</b> Amit Burande, Manisha Deshmukh, Amrish Bidaye</span>		
2.35 – 3.00 pm	What is the new treatment option in diabetic foot ulcers?	Ashu Rastogi
<b>Insulin Therapy: What is New?</b> <span style="float: right;"><b>Chairpersons:</b> Hemant Manjrekar, Amit Asalkar</span>		
3.05 – 3.30 pm	Insulin co-formulation in action: clinical epiphanies	Sanjay Kalra & Sharvil Gadve
<b>3.30 – 4.40 pm</b>	<b>Inauguration Program</b> <b>Chief Guest:</b> Prof Sunil Bhagwat – Director IISER, Pune <b>Guest of Honour:</b> Dr Narendra Kotwal, Commandant AFMC, Pune	<b>Lifetime Achievement Award</b> <b>Dr Gururaj Mutalik, MD FAMS</b> Ex CEO of IPPP NW   Ex Director at WHO global office Ex Director DMER, MG State   Ex Dean BJMC Pune Ex Head & Professor Med. BJMC Pune
<b>Improving Glucose Control: What More?</b> <span style="float: right;"><b>Chairpersons:</b> Piyush Lodha, Anil Boralkar</span>		
4.40 – 4.55 pm	Changing trends in lipid management	Sunil Sathe
4.55 – 5.25 pm	DPP4 inhibitor in cardiometabolic disease: recent insights	Mathew John
5.25 – 5.30 pm	Discussion	
<b>Novel Concepts</b>		
5.35 – 5.55 pm	Interchangeable glargine: an evolution or revolution in managing people with diabetes <b>Chairpersons:</b> Sadanand Raut, Suganthi Kumaran	Vaishali Deshmukh
5.55 – 6.15 pm	DKA and pregnancy – case-based perspective <b>Chairpersons:</b> Usha Marathe, Vedavati Purandare	Ankia Cotzee
6.15 – 6.25 pm	Discussion	
<b>Of Precision and Cardiovascular Diabetology</b> <span style="float: right;"><b>Chairpersons:</b> Prashant Bhalekar, Mahesh Kulkarni</span>		
6.30 – 6.50 pm	Patient centered collaborative care using iPDM	Sruti Chandrasekaran
6.50 – 7.10 pm	Coronary revascularisation in patients with diabetes	Mamas Mamas
7.10 – 7.20 pm	Discussion	
<b>Keynote Lecture</b> <span style="float: right;"><b>Chairpersons:</b> Suhas Erande, Kapil Borawake</span>		
7.25 – 7.45 pm	Four future technologies that could change diabetes care	Jothydev Kesavadev
7.45 – 8.05 pm	Addressing the unholy trinity of T2D, CVD and weight with oral semaglutide	Shehla Shaikh
8.05 – 8.15 pm	Discussion	

**BANTING HALL**
**DAY 2 | 16<sup>th</sup> MARCH 2024, SATURDAY**

Timings	Topics	Speaker
<b>Conference on Frontiers in Precision Diabetology and Therapeutics</b>		
<b>Therapeutic Journeys in Diabetes Care</b>		<b>Chairpersons:</b> <i>Rajesh Deshmane, Ashutosh Pakale</i>
8.00 - 8.20 am	Biosimilar insulin aspart - India journey in insulin innovation	Pramila Kalra
8.20 - 8.40 am	Time to consider SGLT2i as the first line in type 2 diabetes	Lakshmi Nagendra
8.40 - 8.50 am	Discussion	
<b>Unique Comorbidities and their Management</b>		<b>Chairpersons:</b> <i>Alok Modi, Bhaskar Harshe, Bharat Purandare</i>
8.55 - 9.15 am	Finerenone therapy in the diabetes clinic - case studies that illustrate management	Bipin Sethi
9.15 - 9.35 am	Candidemia of urinary sources in diabetes: a case study and literature review	Ashutosh Pakale
9.35 - 9.45 am	Discussion	
<b>New advances in Diabetology</b>		<b>Chairpersons:</b> <i>B. K. Mahavarkar, Girish Rajadhyaksha, Anjali Rajadhyaksha</i>
9.50 - 10.10 am	Optimizing combination therapy for holistic cardio-renal-metabolic care in T2DM	Vijay Negalur
10.10 - 10.30 am	Precision medicine in type 2 diabetes diagnosis	Shivani Misra
10.30 - 10.40 am	Discussion	
<b>Lipidology Symposium</b>		<b>Chairpersons:</b> <i>Sanjeev Gulati, Nilima Mane</i>
10.45 - 11.15 am	Icosapent ethyl : a 2024 primer	Tiny Nair
<b>Of Insulin and Inflammation</b>		<b>Chairpersons:</b> <i>Anita Basavraj, Anand Nikalje</i>
11.20 - 11.50 am	Is diabetes an inflammatory disease condition?	Pramila Kalra
<b>SGLT2i Inhibition 2024</b>		
11.55 - 12.15 pm	DAPACARE: re-evolution in clinical development program across metabolic spectrum <b>Chairpersons:</b> Madhulika Mahashabde, Sushil Chavan	Vijay Viswanathan
12.15 - 1.00 pm	Panel discussion on treat to target vs treat the organ <b>Moderator:</b> Kalyan Gangopadhyay	L. Sreenivasa Murthy, Umapati Hegde
<b>1.00 - 2.00 pm</b>	<b>Lunch hour</b>	
<b>CME on Clinical Endocrinology and Diabetes</b>		
<b>Thyroid Mini Symposium Thyroid Nodule Management</b>		<b>Chairpersons:</b> <i>Dilip Patil, Shripad Bhat</i>
2.00 - 2.30 pm	Pathways to assess a thyroid nodule: case studies	Milind Patwardhan
<b>Hypothyroidism - what is new?</b>		
2.35 - 2.50 pm	T3 therapy in 2024 <b>Chairpersons:</b> Shreerang Godbole, Sonali Salvi	Ameya Joshi
2.50 - 3.05 pm	Clinical perspectives on subclinical hypothyroidism <b>Chairpersons:</b> Sudhir kumar Mundle, Shabnam Mulani	Piya Ballani
3.05 - 3.15 pm	Discussion	
<b>Gliptins, Alpha Cells and More!</b>		<b>Chairpersons:</b> <i>Sarita Kulkarni, Deepanjali Pawar</i>
3.20 - 3.40 pm	The alpha cell demystified	Mala Dharmalingam
3.40 - 4.00 pm	Alogliptin : fortified with evidence on CGM	Suhas Erande
4.00 - 4.10 pm	Discussion	
<b>Clinical Views on the Islet Cell</b>		<b>Chairpersons:</b> <i>Vasudha Sardesai, Atul Joshi, Jaydip Revale</i>
4.15 - 4.40 pm	C-peptide testing to aid differential diagnosis of diabetes	Ewan Pearson

DAY 2 | 16<sup>th</sup> MARCH 2024, SATURDAY

BANTING HALL

Timings	Topics	Speaker
<b>Clinical Endocrinology and Diabetes</b>		
4.45 - 5.05 pm	Cushing Syndrome: 2 cases that illustrate disease complexity <b>Chairpersons:</b> R. T. Borse, Harshal Ekatpure	S K Singh
5.05 - 5.25 pm	Remission of diabetes - a reality in the real world setting? <b>Chairpersons:</b> Gauri Damle, Vijaya Pandit	Kamlesh Khunti
5.25 - 5.35 pm	Discussion	
<b>Thyroid Symposium</b>		
5.40 - 6.10 pm	Managing thyroid dysfunction in women at climacteric age <b>Chairpersons:</b> Shashi Sangle, Ashwini Joshi	Chitra Selvan
6.10 - 6.40 pm	Difficult thyroid function tests: a case series <b>Chairpersons:</b> Savita Bhat, Vineet Rao	Arun Menon
<b>The 2024 Heart Failure Update</b>		<b>Chairpersons:</b> Aniket Gadre, Charan Bale
6.45 - 7.15 pm	How do the SGLT2 inhibitors work in diabetes and heart failure?	Francesco Cosentino
<b>Frontiers in Diabetes Care</b>		<b>Chairpersons:</b> Vinayak Harale, Shrikant Page
7.20 - 7.45 pm	Harnessing real world experiences with oral semaglutide	Ajay Kumar
7.45 - 8.05 pm	Clinical impact of evolving insulins and the persisting lacuna in adoption	Awadhesh Kumar Singh

**Mind Body Workshop**

**Mind Body Workshop**  
by  
Vaishali Deshmukh, Sanjay Phadke, and Leena Phadke

**Date:** 16<sup>th</sup> March 2024, Saturday  
**Time:** 9.00 am to 1.00 pm  
**Venue:** 1<sup>st</sup> floor Minkowski Hall at JW Marriott, Pune  
(Only for Online pre-registrants)

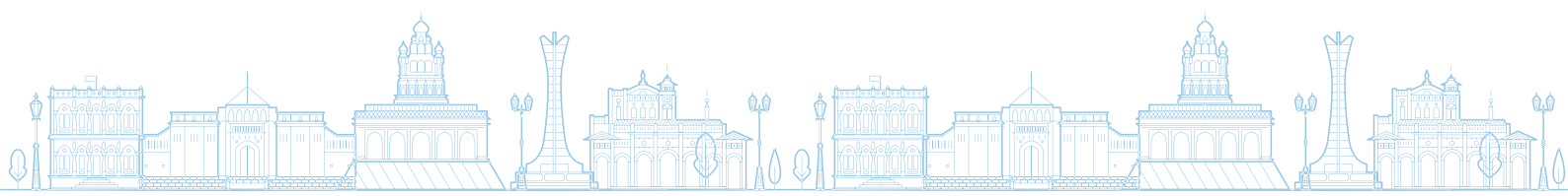
**Chellaram Diabetes Institute,  
Blue Circle Foundation  
and Servier India Private Limited**

have organised a

**RUN FOR  
DIABETES  
3 KM MARATHON**

**Date:** 17<sup>th</sup> March 2024  
**Time:** 07:30 am  
**FLAG OFF:** Marriott Gates

Scan here to access **Run for Diabetes**



**BEST HALL**
**DAY 2 | 16<sup>th</sup> MARCH 2024, SATURDAY**

Timings	Topics	Speaker
<b>Conference on Frontiers in Precision Diabetology and Therapeutics</b>		
<b>New Perspective in Diabetes Care</b>		<b>Chairpersons:</b> <i>Jitendra Ingole, Shubhangi Kanitkar</i>
9.00 – 9.20 am	Different perspectives on semaglutide	Purvi Chawla
9.20 – 9.40 am	Three interesting CGM cases	Banshi Saboo
9.40 – 9.55 am	Discussion	
<b>Diabetic Kidney and the Bone</b>		<b>Chairpersons:</b> <i>A. L. Kakrani, D. B. Kadam, Ravindra Panse</i>
10.00 – 10.20 am	Optimizing CKD care in diabetes: implications from EMPA kidney	Awadhesh Kumar Singh
10.20 – 10.40 am	Musculoskeletal conditions in diabetes- more than just skeletal fragility	Manju Chandran
10.40 – 10.50 am	Discussion	
<b>Precision Diabetology and Therapeutics</b>		<b>Chairpersons:</b> <i>Vaishali Pathak, Mohan Magdum, Ravindra Sethiya</i>
10.55 – 11.15 am	Patient centric approach with Basal Insulin	J J Mukherjee
11.15 – 11.35 am	iDiabetes: implementing precision diabetes care	Ewan Pearson
11.35 – 11.45 am	Discussion	
<b>Diabetes Care: Perspectives from Kolkata and Singapore</b>		<b>Chairpersons:</b> <i>Pratibha Phadke, Manasi Harale</i>
11.50 – 12.10 pm	Synergy of gliptin-gliflozin – new age combination	Kalyan Kumar Gangopadhyay
12.10 – 12.30 pm	Towards physiologic insulin replacement in type 1 diabetes	Suresh Ramachandran
12.30 – 12.40 pm	Discussion	
<b>The MASH Lecture</b>		<b>Chairperson:</b> <i>Jyoti Gulati, Rajesh Javherani</i>
12.45 – 1.15 pm	Use of FIB4 for diagnosing MASH	Kamlesh Khunti
<b>1.15 – 2.00 pm</b>	<b>Lunch hour</b>	
<b>CME on Clinical Endocrinology and Diabetes</b>		
<b>Novel ideas in Diabetes Care</b>		<b>Chairpersons:</b> <i>Rajesh Yadav, Kamlesh Nayak</i>
2.00 – 2.25 pm	Bridging the gaps in PPG control with insulin	Sunil M Jain
2.25 – 2.55 pm	Setting up a clinical research center in diabetes: my experience	L. Sreenivasa Murthy
<b>Meta-Analysis: What is Clinical About it?</b>		<b>Chairpersons:</b> <i>Prachee Deshpande Makashir, Savita Bhat, Shridhar Khajindar</i>
3.05 – 3.35 pm	How to win over meta-analysis and influence diabetes care!	Lakshmi Nagendra
<b>Diabetes and Lifestyle Changes</b>		<b>Chairpersons:</b> <i>Shubhashree Patil, Amit Walimbe, Charushila Dhole</i>
3.40 – 4.00 pm	Managing exercise in type 1 diabetes	Suresh Rama Chandran
4.00 – 4.20 pm	Cases in diabetes and nutrition	Pankaj Shah
4.20 – 4.40 pm	Diabetes-specific nutrition: focus on protein intake	Mala Dharmalingam
4.40 – 4.55 pm	Discussion	
<b>Special Lectures on Endocrinology and Diabetes</b>		<b>Chairpersons:</b> <i>Ravindra Kiwalkar, Nitin Gade</i>
5.00 – 5.20 pm	Incretinize, individualize, Indianize : the liraglutide biosimilar	Rishi Shukla
5.20– 5.40 pm	Endocrine causes of hypertension in diabetes – a series of 3 cases	Kaushik Biswas
5.40 – 5.50 pm	Discussion	
<b>Current Diabetology</b>		<b>Chairpersons:</b> <i>Pushkar Khair, Anuja Mahajan</i>
5.55 – 6.20 pm	Reappraisal of SUs in era of SGLT2i	Varsha Jagtap
6.20 – 6.50 pm	Current place of DPP4 inhibitors in evolving landscape of type 2 diabetes management	J J Mukherjee
<b>Case Based Approaches to Diabetes and Endocrinology</b>		<b>Chairpersons:</b> <i>Priti Phatale, Hrishikesh Joshi, Sonali Bhojane</i>
6.55 – 7.15 pm	Childhood obesity	Mohan Shenoy
7.15 – 7.35 pm	Is prevention of prediabetes possible?	Sanjay Agarwal
7.35 – 7.50 pm	Management of hospitalized HFREF patients with Right GDMT : Case based	Prashant Mishra
7.50 – 8.05 pm	Discussion	



DAY 3 | 17<sup>th</sup> MARCH 2024, SUNDAY

## BANTING HALL

## Symposium on Diabetes in Pregnancy and Women's Health

Mentors: Sanjay Gupte, Usha Sriram, Unnikrishnan A G, Vedavati Purandare, Meenu Agarwal, Parag Biniwale

Timings	Topics	Speaker
<b>Session 1: Introductory topics</b>		<b>Chairpersons:</b> Meenu Agarwal, Kedar Marathe
8.45 - 9.00 am	Pre-gestational diabetes	Unnikrishnan A G
9.00 - 9.20 am	Pregnancy as a window to future chronic disease	Usha Sriram
9.20 - 9.40 am	Implications of diabetes trials for women	Pankaj Shah
9.40 - 10.00 am	Screening for gestational diabetes – what is new?	Sanjay Gupte
10.00 - 10.15 am	Discussion	
<b>Session 2: Clinical Perspectives on GDM</b>		<b>Chairpersons:</b> Girija Wagh, Parag Biniwale
10.20 - 10.40 am	Demonstration of CGM (Continuous Glucose Monitoring)	R Dharini, Nikita Sarkar, Vedavati Purandare
10.40 - 10.50 am	Glucose monitoring and novel technologies: an illustrative case of pregnancy in type 1 diabetes	Suresh Ramachandran
10.50 - 11.20 am	Fetal monitoring in gestational diabetes	Neha Agarwal
11.20 - 11.35 am	Discussion	
<b>Session 3: Anti-diabetes Medications in Pregnancy</b>		<b>Chairpersons:</b> Girish Godbole, Vaishali Chavan
11.40 - 12.00 pm	Bolus insulin in GDM: focus on insulin aspart	Chitra Selvan
12.00 - 12.20 pm	Metformin in pregnancy – a clinical perspective	Ankia Coetzee
12.20 - 12.30 pm	Discussion	
<b>Session 4: Clinical Case Seminar</b>		<b>Presented and Moderated:</b> Unnikrishnan A G
12.35 - 12.45 pm	A 30-year-old lady in the 24th week of pregnancy has diabetes since 12 years. She is currently on insulin injection. She has already been on metformin since many years and it has not been stopped yet. (The CGM profile will be discussed).	
<b>Points for Panel Discussion:</b>		<b>Moderator:</b> Unnikrishnan A G
12.45 - 1.10 pm	Panel discussion on treatment choices, mode of delivery decisions, post pregnancy contraception and future directions	Usha Sriram, Sanjay Gupte, Ankia Coetzee, Charulata Bapaye, Vedavati Purandare

01.10 pm onwards

Valedictory ceremony, lunch and closing



**BEST HALL**
**DAY 3 | 17<sup>th</sup> MARCH 2024, SUNDAY**
**Mini Symposium on Technology in Diabetes**

Timings	Topics	Speaker
<b>Type 1 Diabetes: Tech, Teplizumab and Targets</b>		
8.30 - 9.30 am	Gadget atlas: what do you need if your patient has diabetes - an interactive on-table display <b>Chairperson:</b> Kundan Khamkar, Rahul Dhope	Nikita Sarkar, Nupur Lalwani, Rutuja Mahajan, Pooja Kamthe, Ashutosh Pakale
9.30 - 10.00 am	What's new in type 1 diabetes : teplizumab, diets and more! <b>Chairperson:</b> Vikrant Gosavi, Suhas Khaire	C B Sanjeevi
<b>Frontiers in Type 1 Diabetes Care</b>		<b>Chairpersons:</b> Ganesh Jevalikar, Satyanand Kadloor, H. B. Prasad
10.00 - 10.20 am	Automation in Insulin delivery	Vaman Khadilkar
10.20 - 10.40 am	Not type 1, and not type 2 too?	Altamash Shaikh
10.40 -10.55 am	Discussion	
<b>Tackling Variability, Boluses, Monitoring and More</b>		<b>Chairpersons:</b> Mayura Kale, Sachin Yadav, A. K. Upadhyay
11.00 - 11.20 am	What next after Basal Initiation	Uday Phadke
11.20 - 11.40 am	Is CGM useful in people without diabetes?	Amit Gupta
11.40 -12.00 pm	Discussion	
<b>Cardiovascular Diabetology and Nutrition</b>		<b>Chairpersons:</b> Abhay Khode, Simpal Kothari, Mukund Penurkar
12.05 - 12.35 pm	Clinician's perspective for weight management in diabetes- tips and trips	Ameya Joshi
12.35 - 1.05 pm	2023 ESC guidelines for the management of cardiovascular disease in patients with diabetes	Francesco Cosentino
<b>01.05 pm onwards</b>	<b>Valedictory ceremony, lunch and closing</b>	

## About Chellaram Diabetes Institute

Chellaram Diabetes Institute, a unit of Chellaram Foundation, was established in 2010 with the main objective of creating an IMPACT on the rising cases of Diabetes in India. This objective is sought to be achieved through main pillars - Patient Care, Education, Awareness, Research & Wellness .

**Chellaram Hospital - Diabetes Care and Multispecialty**  
Visit: [www.cdi.org.in](http://www.cdi.org.in)



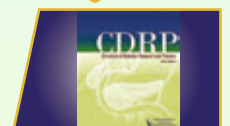
**CDI e-Learning Academy**  
To access online courses visit: [www.cdiacademy.org.in](http://www.cdiacademy.org.in)

**Diabetes Health**  
Visit the new digital platform at: [www.diabeteshealth.co.in](http://www.diabeteshealth.co.in)



**Chellaram Diabetes Research Centre**  
For more details visit: [www.chellaramresearch.org](http://www.chellaramresearch.org)

**Research Journal**  
To access the online journal issues visit: [www.cdrpj.org](http://www.cdrpj.org)



**Upcoming Chellaram Wellness Centre**

# ORAL PAPER PRESENTATION

## MACLEOD HALL - 1<sup>st</sup> Floor

**DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY | 10:00 AM - 01:00 PM**

**Judges:** Krishna Kishore Sukla, Saroj Ghaskadbi, Anand Zanwar

### Session 1 (Basic science)

Topics	Speaker
Berberine ameliorates glucocorticoid-induced hyperglycemia: an in-vitro and in-vivo study	Mrinal Gupta
Screening of natural epigenetic modifiers for managing glycemic memory and diabetic nephropathy	Kriti Kushwaha
Diabetes mellitus and fluid imbalance: the need for adequate hydration	Harshad Malve
Gender differences for Indian diabetes risk score in urban population	Kumar Ashok Pranita
Integrated approaches targeting endothelial nitric oxide synthase, lutein, and daidzein-hemin combination for mitigating diabetic nephropathy in rats	Taruna Arora
Metabolic benefits of 17 $\alpha$ -estradiol in male mice occurs through er $\alpha$ in hepatocytes	Samim Ali Mondal
Study of type 2 diabetes in rural maharashtra, India: a community based mixed methods research	Vinod R Wasnik
Oral myricetin chitosan nanoparticles for type 2 diabetes management	Mansi Upadhyay
Association of x inactivated silencing transcript and apelin in gestational diabetes mellitus	Bishal Kumar Dey
Swath-ms reveals that bisphenol a and its analogs regulate pathways leading to disruption in insulin signaling and fatty acid metabolism	Shabda Eknath Kulsange
Characterization of s-homocysteinylation of human insulin and its implications in diabetes	Amreen B Sheikh
Assessment of nutrigenetic diet efficacy on weight loss and clinical parameters: a case-control study	Shanthi Lakshmi
Glycated insulin as a potential marker to study pancreatic beta cell dysfunction	Monika Sharma
Immune markers for prediction of cardiovascular risk in type 2 diabetes	Yugendra R Patil
Aloe vera (l.) burm. F. Extract ameliorated B-cell dysfunction and dyslipidemia in wain/gr-ob streptozotocin rats	Neha Deore

**DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY | 02:00 PM - 03:20 PM**

**Judges:** Krishna Kishore Sukla, Saroj Ghaskadbi, Anand Zanwar

### Session 2 (Basic science)

Topics	Speaker
Exploring potential of swarnabhasma in animal model of diabetic retinopathy: a novel ayurvedic drug delivery system	Gourav Bharat Deshmane
In-vivo efficacy of seriderm, a novel silk-based wound dressing in rat diabetic wound healing model: a comparative study	Rucha Deshpande
Allele frequencies for single nucleotide polymorphism (snp) in genes having pharmacogenomic importance in Indian patients with type 2 diabetes	Yashwant Chavan
Gait alterations & fear of fall in patients with diabetic neuropathy in a rural scenario: a cross sectional study	Sukhpreet Pabla
Novel 3d cell culture system with biopolymeric encapsulation for implantation of insulin secreting cells	Harish Ganesan
Lint-free biodegradable wound dressing material for the management of diabetic wound	Unnikrishnan B S
Development of a novel glycation resistant insulin for diabetic therapy	Shiva Shankar S
Adipose tissue macrophage-derived mir-210-3p disrupts systemic insulin sensitivity by silencing glut4 in obesity	Durba Pal



# ORAL PAPER PRESENTATION

## COLLIP HALL – 1<sup>st</sup> Floor

### Session 1 (Clinical Science)

**DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY | 10:00 AM – 01:00 PM**
**Judges:** *Prasanna Marudwar, Shrikant Solav*

Topics	Speaker
Continues glucose monitoring with alogliptin	Abhijit Anil Trailokya
Implications of a hybrid histogram equalisation technique for the improvement of diabetic retinopathy image	Prithwiraj Debbarma
Metabolic status in healthcare professionals attending a medical conference	Rejitha Jagesh
Impact of ambient heat on the risk of serious hypoglycemia in aged adults with diabetes receiving insulin therapy	A S Prakash
Assessing the sitagliptin's safety and efficacy in managing moderately managed type 2 diabetes in older adults	A S Prakash
Unveiling physical activity profile and barriers among young adults with type 2 diabetes mellitus: qualitative insights	Anupama Harihar
A retrospective descriptive analysis assessing the treatment persistence to basal insulin in type 2 diabetes adults in a structured patient education program in India - persistent study	Abhinav Keshwani
Diabetic foot awareness and impact of patient education on Diabetic foot outcome- a survey	R. Navin
Characteristics of low back pain among individuals with type 2 diabetes mellitus	Shetty Shrija Jaya
Sub-classification of type 2 diabetes in drug-naïve patients: assessing remission rates across identified clusters	Amruta Prabhu
Effects of intensive lifestyle intervention on lipid and metabolic profiles in patients in type 2 diabetes remission: a comparison of normal and impaired glucose tolerance groups	Pramod Tripathi
Outcomes of people with lean diabetes from fitterfly diabetes program	Vineet Nair
Outcomes of lifestyle modifications from fitterfly diabetes program in treatment naive people with prediabetes and type 2 diabetes	Vineet Nair
Real-world effectiveness of dapagliflozin and sitagliptin fixed dose combination in patients with type 2 diabetes mellitus in India: impact on blood glucose levels in a retrospective study from electronic medical records	Prakadeesh Bharathi
Prevalence of dehydration in diabetic patients with non-diarrheal diseases and recommendations of oral electrolytes - a retrospective, real-world, database study	Harshad Malve

### Session 2 (Clinical Science)

**DAY 1 | 15<sup>th</sup> MARCH 2024, FRIDAY | 02:00 PM – 03:20 PM**
**Judges:** *Gourish Karande, Shilpa Bhosale*

Topics	Speaker
Integrated intensive lifestyle intervention improves cardiovascular risk factors in patients with type-2 diabetes	Pramod Tripathi
Diabetes and mental health: a cross-sectional study on prevalence and determinants of diabetes distress, depression, and anxiety in type 2 diabetes patients in India	Amruta Prabhu
A study on diabetic retinopathy (DR) as an indicator of coronary heart disease (CHD) among type 2 diabetic patients	Lingineni Varun
Behaviour change at scale with the use of technology: insights from the key digital offerings in fitterfly digital therapeutics program for type 2 diabetes	Vineet Nair
Prevalence of microvascular complications in early onset type 2 diabetes mellitus in western India-a pilot study	R. Dharini
Impact on glycemic profile of icu patients with diabetes using cgm:- a scoping update	Sudeep Jain
Unraveling a diagnostic enigma - a case report on recurrent diabetic ketoacidosis in a 47-year-old woman	Sakshi Chittimaneni
Clinical and microbiological profile of urinary tract infection in type 2 diabetes mellitus patients	Suhail Shaikh
Continuous glucose monitoring followed by diazoxide therapy for management of persistent post-bariatric hypoglycemia: a case report	Sudeep Jain

# ORAL PAPER PRESENTATION

## MACLEOD HALL - 1<sup>st</sup> Floor

**DAY 2 | 16<sup>th</sup> MARCH 2024, SATURDAY | 09:30 AM - 01:00 PM**

**Judges:** Rajesh Javherani, Charan Bale

**Session 3 (Clinical science)**

Topics	Speaker
Serum IL6 - an underused prognostic marker in DKD	Gandru Hemanth Kumar
Approach of diabetologist in mental health assessment of people with diabetes	Priyanka Bhelonde
Association of uric acid with anthropometric parameters & insulin resistance in prediabetics & diabetics	Indrashish Mukherjee
An effective screening marker in determining the prognosis of nash in diabetes	A.C. Vaiera Manigandan
Comparative study of insulin versus metformin in the management of gestational diabetes mellitus	Deepak Bhosle
Maternal and fetal outcomes in gestational dm treated with metformin with or without insulin	Abhinav Kumar
Clinical utilization of linagliptin based therapy in core diabetes practice: an expert opinion	Kunal Sonawane
The era of incretinization in India: narrative review of glp1ra	Abhishek Mane
High prevalence of metabolic risk factors postpartum in Indian women with gestational diabetes (GDM)	Emily Gitlin
Diabetes distress and its relationship with diabetes related complications in type 2 diabetes mellitus	Ayan Roy
A post-hoc analysis of arise study: examining the cost of achieving glycaemic treatment targets in adults with type 2 diabetes treated with insulin degludec/insulin aspart (idegasp) in a real-world setting in India	Mathew John
Kadam: topical oxygen therapy for diabetic foot ulcers	G Arun Maiya
Impact and feasibility study of remote ischemic preconditioning in prediabetic individuals: "attempt" interventional study	Parag Agrawal
Emphysematous pyelonephritis in diabetes mellitus: a single center 10-year experience with 16 cases	Harini Jayaraman
Retrospective analysis of clinical outcomes of surgically treated charcot foot cases at tertiary care diabetes foot speciality hospital	Amit Burande
Prevalence of sarcopenic obesity in elderly diabetic patients—a crosssectional study	Kishore Kumar Behara
Microbiology of diabetic foot (DF) infections: a retrospective analysis to formulate the antibiogram in DF speciality hospital	Meeta Burande
Evaluation of an artificial intelligence system for detecting diabetic retinopathy in community healthcare centres	Amit Sudarshan Bhondve
A study protocol aiming type 2 diabetes remission with local healthy diet and exercise intervention	Mayura Kale



# ORAL PAPER PRESENTATION

## COLLIP HALL - 1<sup>st</sup> Floor

**DAY 2 | 16<sup>th</sup> MARCH 2024, SATURDAY | 10:00 AM - 12:10 PM**

**Judges:** Priyanka Saxena, Shilpa Bhosale, Shraddha Lumpatki

### Session 4 (Clinical science)

Topics	Speaker
Hypothyroidism with autoimmune hypoglycaemia	Awani Mukund Paithankar
Diabetes mellitus type 2 with autoimmune hypoglycaemia	Awani Mukund Paithankar
Unraveling unusual orbital cellulitis patterns in newly identified type 2 diabetes mellitus patients: a case series study	Pranav Ramesh Shelke
Management of newly diagnosed type 1 diabetes mellitus in a patient with down syndrome using continuous glucose monitoring: a case report	Saurabh Vivek Padole
Alpelisib -induced hyperglycemia-a case report	Suhail Shaikh
Pyomyositis in patient with uncontrolled type 2 diabetes mellitus: a case report	Suhail Shaikh
Real world evidence based presentation of diabetic induced asymptomatic leukocytosis Indian origin	Sunil Kamble
Role of minimum dose of pioglitazone in post cabg case more than 15 year longitudinal data	Sunil Kamble
A clinical study highlighting the role of silk protein dressing in modulating inflammation, oxidative stress and diabetes dysfunctionality axis in diabetic foot ulcers	Rucha Deshpande
Role of plant based diet in improving insulin resistance and reducing risk of type-2 diabetes: the case base studies	Sushma Lad
Triangle of "symmetrical peripheral gangrene" – diabetes, infection and vasopressor	Josephin Antoniammal

## MACLEOD HALL - 1<sup>st</sup> Floor

**DAY 3 | 17<sup>th</sup> MARCH 2024, SUNDAY | 09:00 AM - 11:00 AM**

# The Chellaram Foundation Diabetes Research Award – 2024

## FINAL ROUND

**Judges:** Chitra Selvan, Amit Gupta, Ravindra Ghooi, Mahabaleshwar Hegde

Chellaram Foundation Diabetes Research Award - 2024	Basic Science	Clinical Science
1st Prize	Rs. 2,00,000	Rs. 2,00,000
2nd Prize	Rs. 1,00,000	Rs. 1,00,000



## INTERNATIONAL FACULTY

University of Leicester, UK | Mayo Clinic, USA | Imperial College, UK  
Karolinska Institutet, Sweden | Stellenbosch University, South Africa  
National University of Singapore, Singapore  
Keele University, UK | University of Dundee, UK

*And a host of stellar and the best National Speakers on Diabetes*



**DR. ANKIA COETZEE**  
South Africa



**DR. MAMAS MAMAS**  
United Kingdom



**DR. SHIVANI MISRA**  
United Kingdom



**DR. KAMLESH KHUNTI**  
United Kingdom



**DR. EWAN PEARSON**  
United Kingdom



**DR. PANKAJ SHAH**  
USA



**DR. MANJU CHANDRAN**  
Singapore



**DR. FRANCESCO COSENTINO**  
Sweden



**DR. C.B SANJEEVI**  
Sweden



**DR SURESH RAMA CHANDRAN**  
Singapore

## NATIONAL FACULTY

Ajay Kumar  
Altamash Shaikh  
Ameya Joshi  
Amit Gupta  
Ankur Sharma  
Arun Menon  
Ashu Rastogi  
Ashutosh Pakale  
Awadhesh Kumar Singh  
Banshi Saboo  
Bipin Sethi  
Charulata Bapaye  
Chitra Selvan  
Dakshata Padhye

Hemraj Chandalia  
J J Mukherjee  
J Muthukrishnan  
Jayashree Gopal  
Jothydev Kesavadev  
Kalyan Kumar Gangopadhyay  
Kaushik Biswas  
Krishna Seshadri  
L. Sreenivasa Murthy  
Lakshmi Nagendra  
Leena Phadke  
Mala Dharmalingam  
Manoj Chawla  
Mathew John

Milind Patwardhan  
Mohan Shenoy  
Neha Agarwal  
Nikita Sarkar  
Nupur Lalvani  
Om Lakhani  
Parita Gajjar  
Pooja Kamthe  
Pramila Kalra  
Prashant Bhalekar  
Prashant Mishra  
Priya Ballani  
Purvi Chawla  
Rajesh Javherani

Rishi Shukla  
Rucha Mehta  
Rutuja Ainapure  
Rutuja Mahajan  
S K Singh  
Sanjay Agarwal  
Sanjay Gupte  
Sanjay Kalra  
Sanjay Phadke  
Sharvil Gadve  
Shehla Shaikh  
Sheryl Salis  
Sonal Chandalia  
Sruti Chandrasekaran

Suhas Erande  
Sunil M Jain  
Tiny Nair  
Uday Phadke  
Umapati Hegde  
Unnikrishnan AG  
Usha Sriram  
Vaishali Deshmukh  
Vaman Khadilkar  
Varsha Jagtap  
Vedavati Purandare  
Vijay Negalur  
Vijay Viswanathan  
Vishwas Walavalkar



Chellaram Hospital: Diabetes Care and Multispeciality | CDI E-Learning Academy  
Diabetes Health Magazine | Chellaram Diabetes Research Centre

## 8<sup>th</sup> INTERNATIONAL DIABETES SUMMIT – 2024 | PUNE



Scan here  
to register for

**The 8<sup>th</sup> International Diabetes  
Summit 2024**



Scan here  
to submit abstracts for

**The Chellaram Foundation  
Diabetes Research Award 2024**



Scan here  
to access

**Run for Diabetes**



Scan here  
to join our

**E-learning Academy**



Scan here  
to access

**The Diabetes Health Magazine  
(DIGITAL + PRINT)**



Scan here  
to access our

**Research Journal**

### Secretariat

Shraddha U. Mahajan

### The Secretariat Address:

**8<sup>th</sup> International Diabetes Summit 2024**

Chellaram Diabetes Institute

1<sup>st</sup> Floor, Lalani Quantum, Opp. Calsoft,  
Pune Bangalore NH4 Bavdhan (Budruk), Pune - 411021

Contact: Ms. Shraddha U. Mahajan

020-66839771 | 7745015553

E-mail: [ids@cdi.org.in](mailto:ids@cdi.org.in)



### For Registration Contact

**Vama Events Pvt. Ltd.**

Kohinoor Square Phase I, B Wing, Office No. 1004,  
N. C. Kelkar Road, Shivaji Park, Dadar West,  
Mumbai - 400028

Tel.: + 022 35131930/31/32/33, 022 46052832

Email: [conferences@vamaevents.com](mailto:conferences@vamaevents.com)